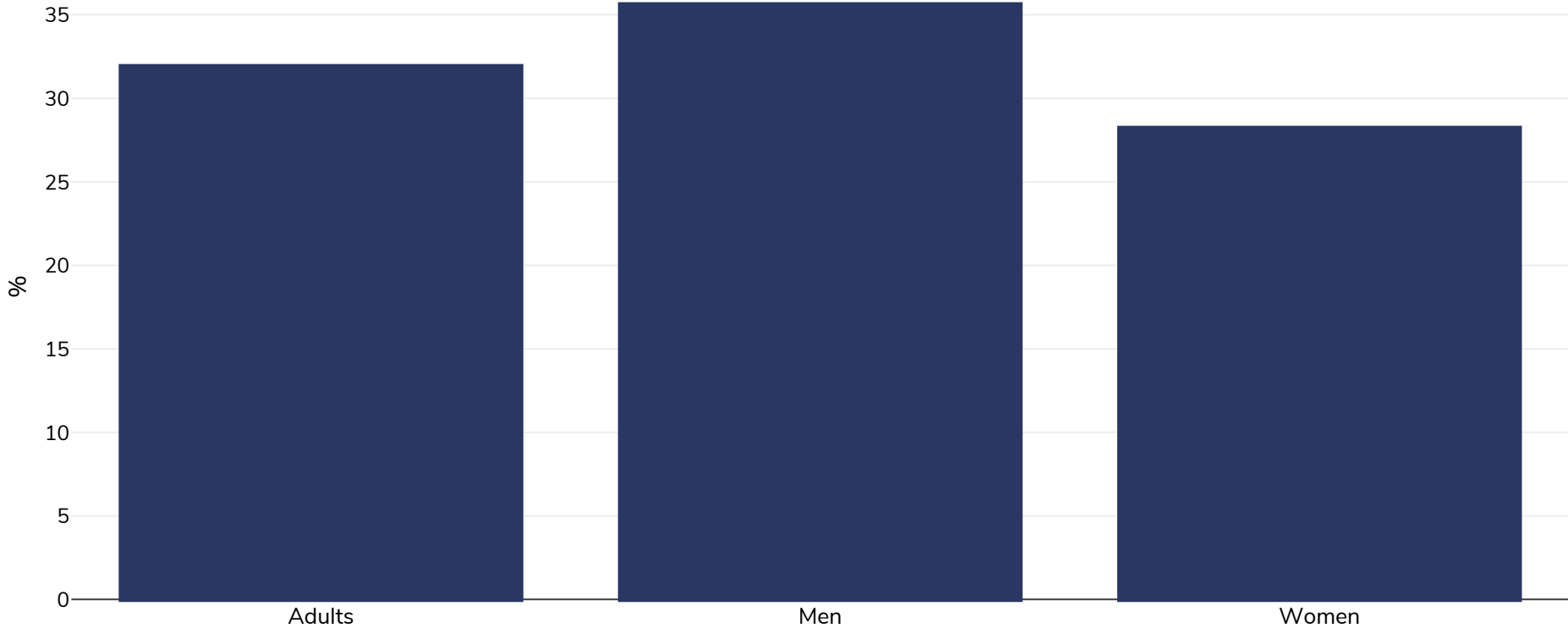


# China: Obesity prevalence

Adults, 2007-2008

Overweight or obesity



**Survey type:** Measured

**Age:** 20+

**Sample size:** 45956

**Area covered:** National

**References:** Li, Y., Teng, D., Shi, X., Teng, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2021. Changes in the prevalence of obesity and hypertension and demographic risk factor profiles in China over 10 years: two national cross-sectional surveys. *The Lancet Regional Health-Western Pacific*, 15, p.100227.

**Definitions:** According to the Asian-specific cut-off points, overweight was defined as a BMI from 23 kg/m<sup>2</sup> to less than 25 kg/m<sup>2</sup>, and general obesity was defined as a BMI of 25 kg/m<sup>2</sup> or greater for both men and women.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.