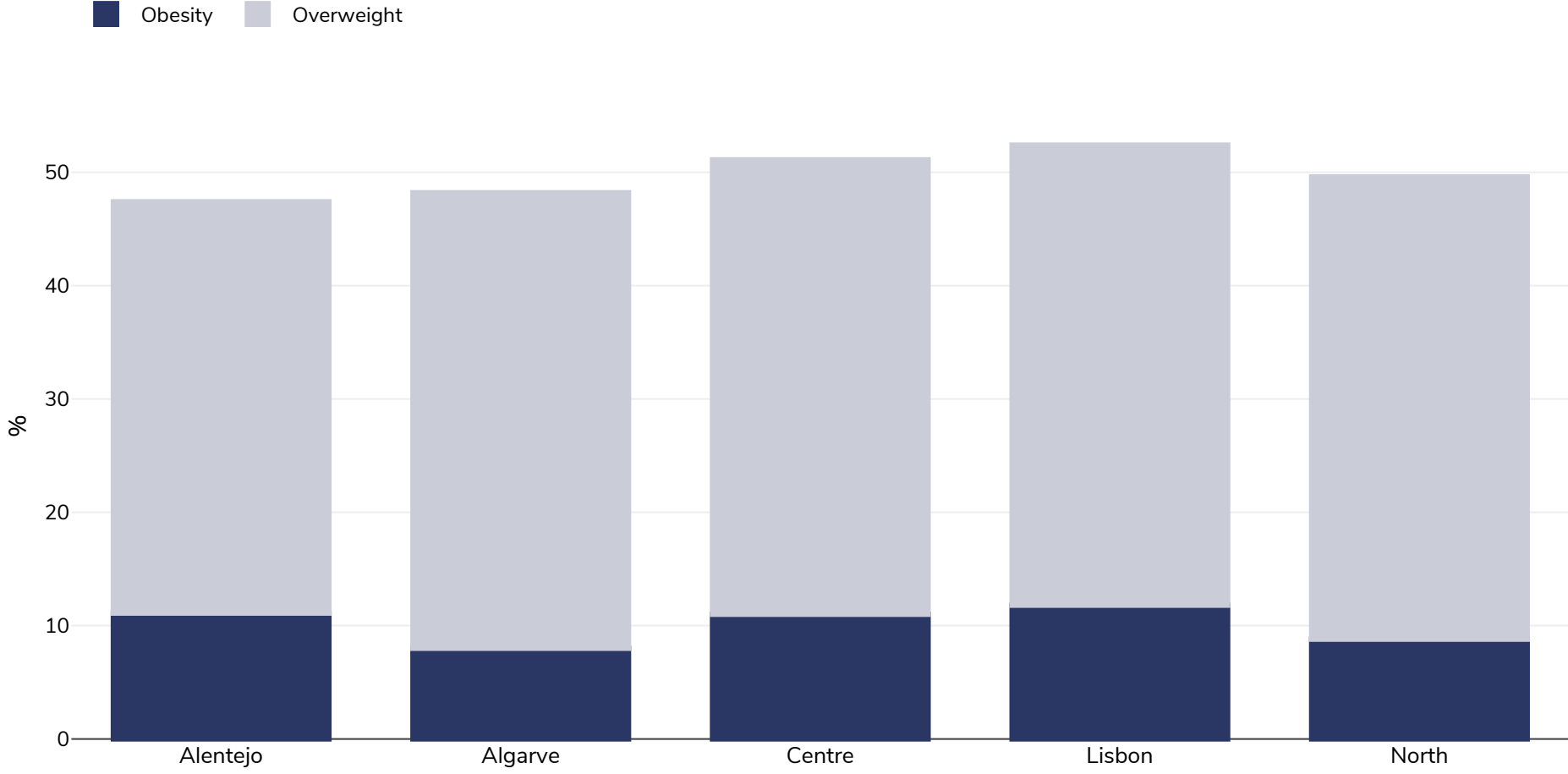


# Portugal: Overweight/obesity by region

Men, 1995-1996



<b>Survey type:</b>	Self-reported
<b>Age:</b>	20+
<b>Sample size:</b>	38238
<b>Area covered:</b>	National
<b>References:</b>	Marques-Vidal P and Dias CM. Trends in Overweight and Obesity in Portugal: The National Health Surveys 1995-6 and 1998-9. <i>Obes Res.</i> 2005; 13: 1141-1145

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.