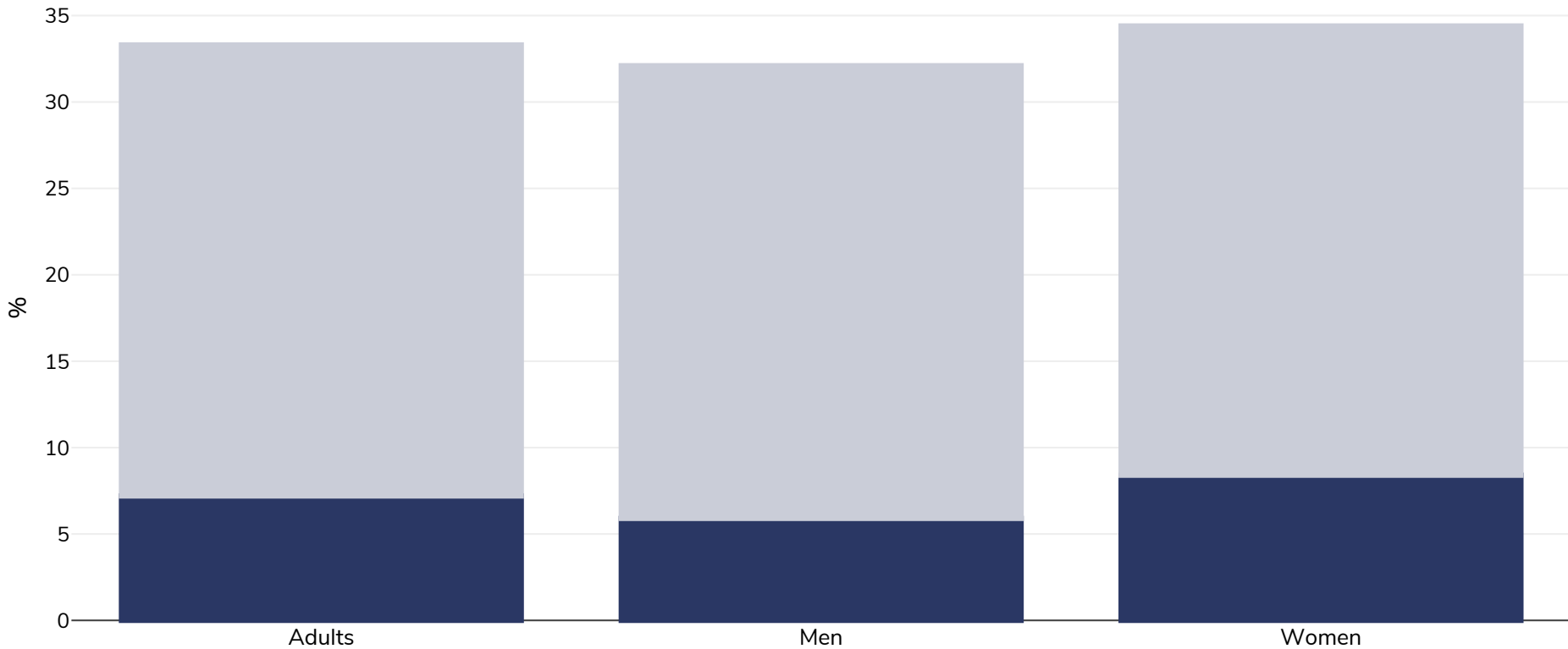


Nepal: Obesity prevalence

Adults, 2022

■ Obesity ■ Overweight



Survey type:	Measured
Age:	20-49
Sample size:	7117
Area covered:	National
References:	Ministry of Health and Population, Nepal; New ERA; and ICF. 2022. Nepal Demographic and Health Survey 2022: Key Indicators Report. Kathmandu, Nepal: Ministry of Health and Population, Nepal.

Notes: 5750 Women and 1367 Men NB. Combined adult data estimated. These estimates were calculated by weighting male and female survey results. Weighting based on World Bank Population % total female 2020 (<https://data.worldbank.org/indicator/SP.POP.TOTL.FE.ZS> - accessed 06.07.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².