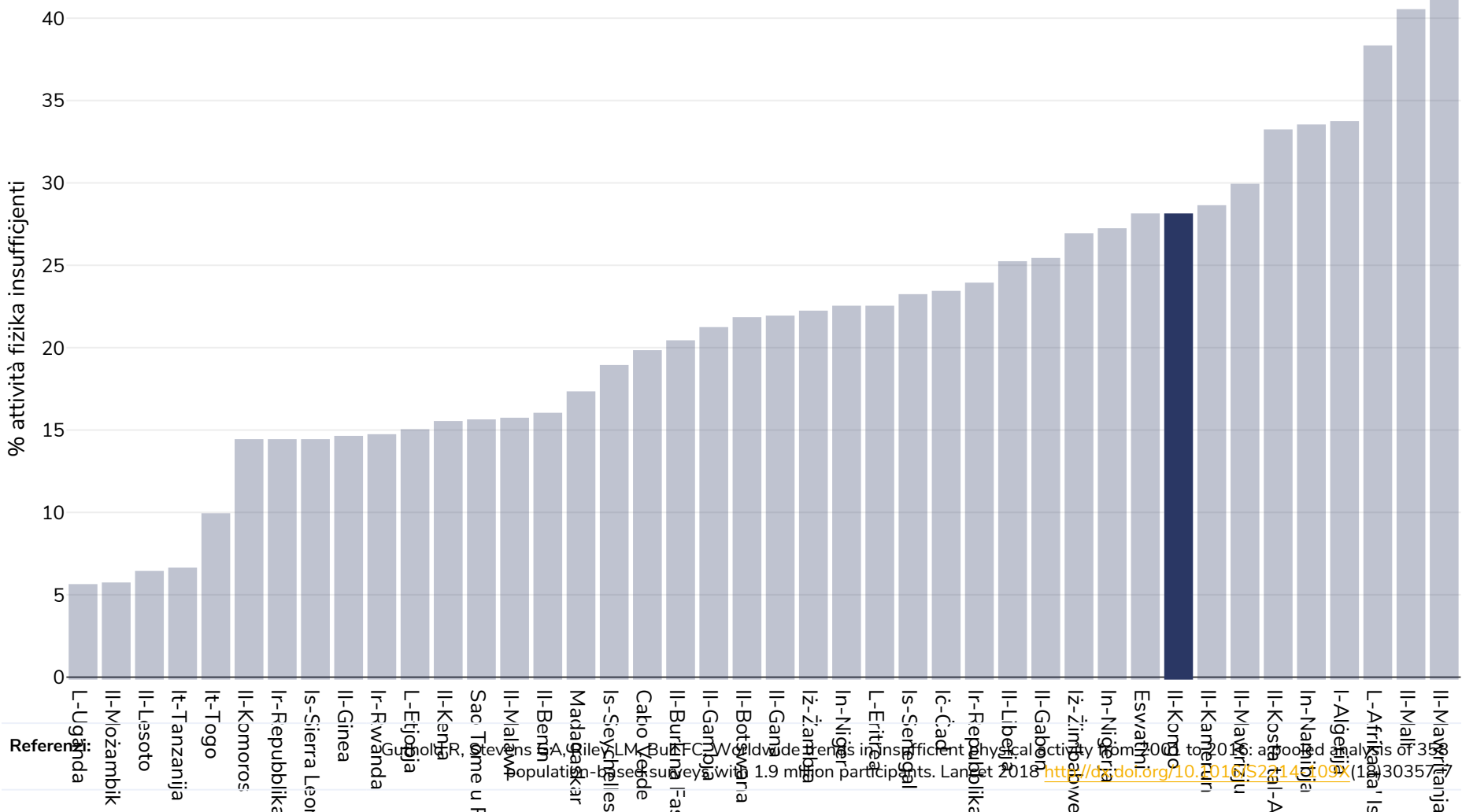


# Il-Kongo: Insufficient physical activity



Adulti, 2016



Reference: Stevens, A., Riley, L.M., & Wildman, T.F.C. World-wide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 357 population-based surveys with 1.9 million participants. *Lancet* 2018; [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)