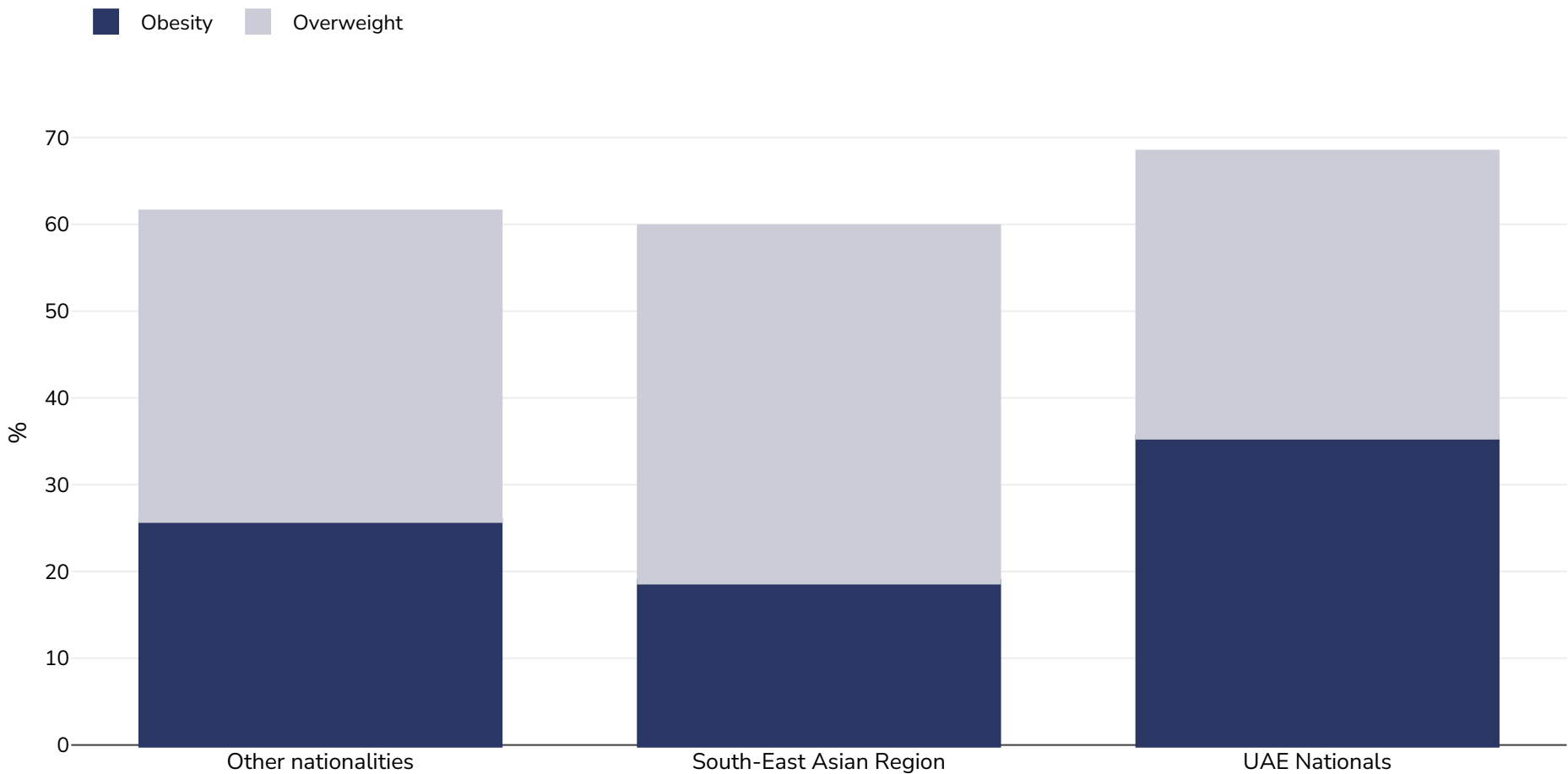


United Arab Emirates: Overweight/obesity by ethnicity



Adults, 2018-2023



Survey type:	Measured
Age:	19+
Sample size:	440509
Area covered:	Dubai
References:	Elamin Abdelgadir, Rashid, F., Alaaeldin Bashier, Zidan, M., McGowan, B. and Fatheya Alawadi (2025). Prevalence of overweight and obesity in adults from the Middle East: A large-scale population-based study. Diabetes Obesity and Metabolism. [online] doi: https://doi.org/10.1111/dom.16389 (Accessed 06.06.25)
Notes:	Adults attending all public health facilities in the Emirate of Dubai between January 2018 and August 2023. 48.5% women
Definitions:	UAE nationals, non-UAE nationals from South-East Asian Region countries, and non-UAE nationals from other countries
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².	