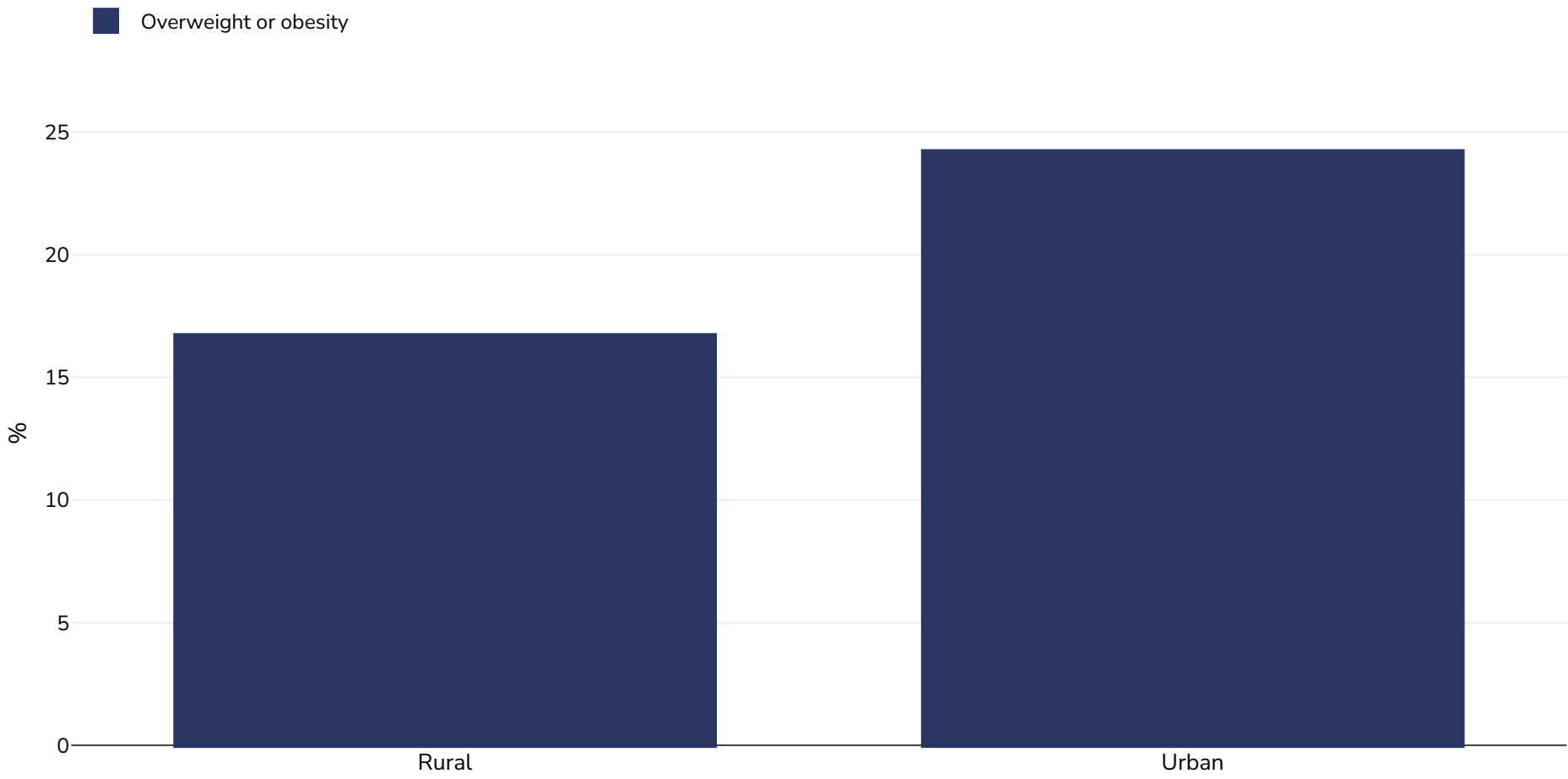


# Vietnam: Overweight/obesity by region



Adults, 2021



Survey type:	Measured
Age:	18-69
Sample size:	3717
Area covered:	National
References:	National survey on the risk factors of noncommunicable diseases in Viet Nam (STEPS), 2021. <a href="https://extranet.who.int/ncdsmicrodata/index.php/catalog/948/related-materials">https://extranet.who.int/ncdsmicrodata/index.php/catalog/948/related-materials</a> (Accessed 13.05.25)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².