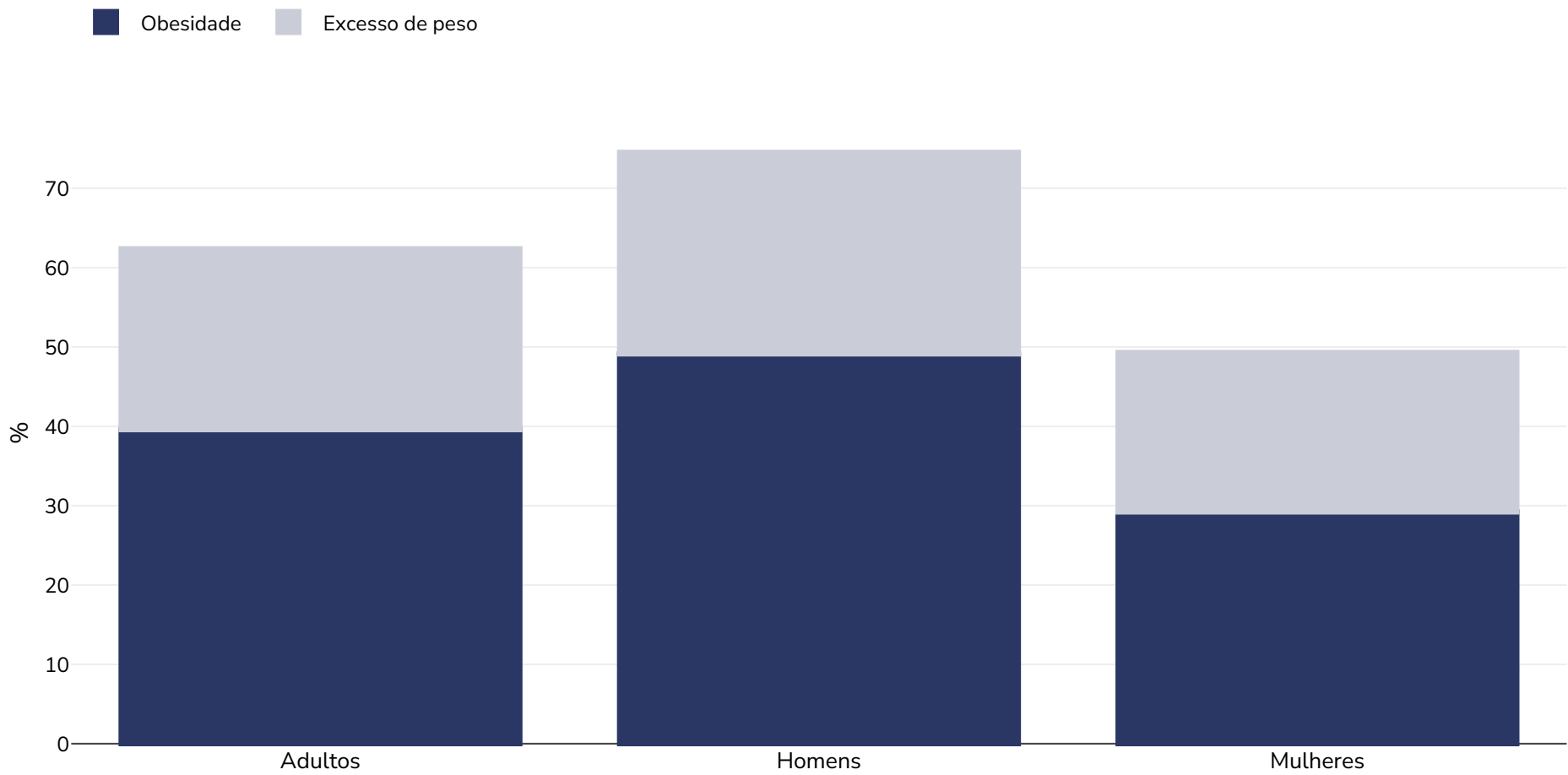


# Coreia do Sul: Prevalência de obesidade

Adultos, 2022



|                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tipo de inquérito:                        | Medido                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Idade:                                    | 20+                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Tamanho da amostra:                       | 8034                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Área abrangida:                           | Nacional                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Referências:                              | 2024 Obesity Fact Sheet.<br><a href="https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2024_Obesity_Fact_sheet_web_eng.pdf">https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2024_Obesity_Fact_sheet_web_eng.pdf</a> (Accessed 24.01.25)                                                                                                                                                                    |
| Notas:                                    | Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket.                                                                                                                                                                                                                                                                                            |
| Definições (disponível apenas em inglês): | Obesity was defined as a BMI of 25 kg/m² or higher, according to the Asia-Pacific criteria of the WHO. Obesity classes were defined according to the 2022 Clinical Guidelines for Obesity of the Korean Society for the Study of Obesity. Underweight: BMI lower than 18.5 kg/m² Normal weight: BMI 18.5-22.9 kg/m² Overweight: BMI 23-24.9 kg/m² Class I obesity: BMI 25-29.9 kg/m² Class II obesity: BMI 30-34.9 kg/m² Class III obesity: BMI 35 kg/m² or higher |
| Cutoffs:                                  | WHO Asia                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².