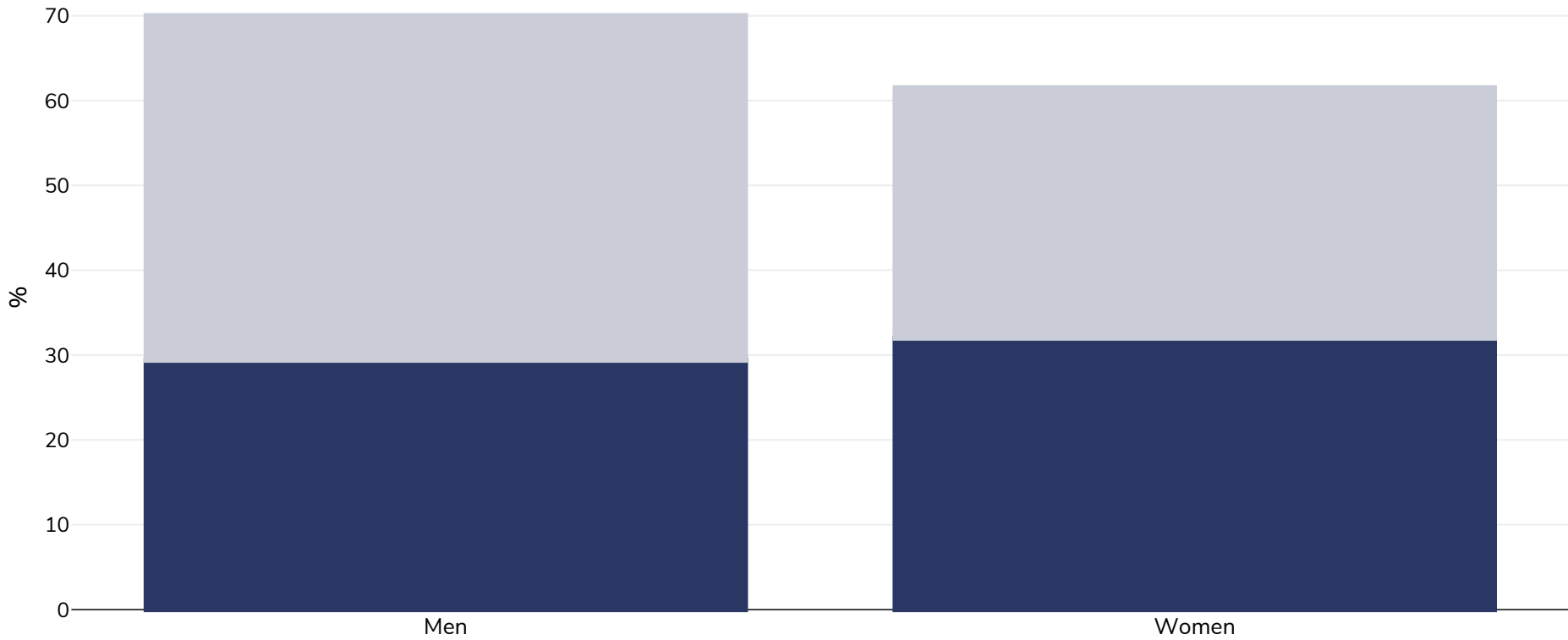


# New Zealand: Obesity prevalence

Adults, 2014-2015

■ Obesity ■ Overweight



Survey type:	Measured
Age:	15+
Sample size:	12769
Area covered:	National
References:	New Zealand Health Survey 2014/15. <a href="https://www.health.govt.nz/publication/annual-update-key-results-2014-15-new-zealand-health-survey">https://www.health.govt.nz/publication/annual-update-key-results-2014-15-new-zealand-health-survey</a> (last accessed 16.12.2015)

**Notes:** This report uses the revised International Obesity Task Force (IOTF) BMI reference values to classify overweight and obesity in children and adolescents aged 2–14 years (Cole and Lobstein 2012). The IOTF cut-off points are sex- and age-specific, and are designed to coincide with the World Health Organization’s adult BMI cut-off points at the age of 18 years.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.