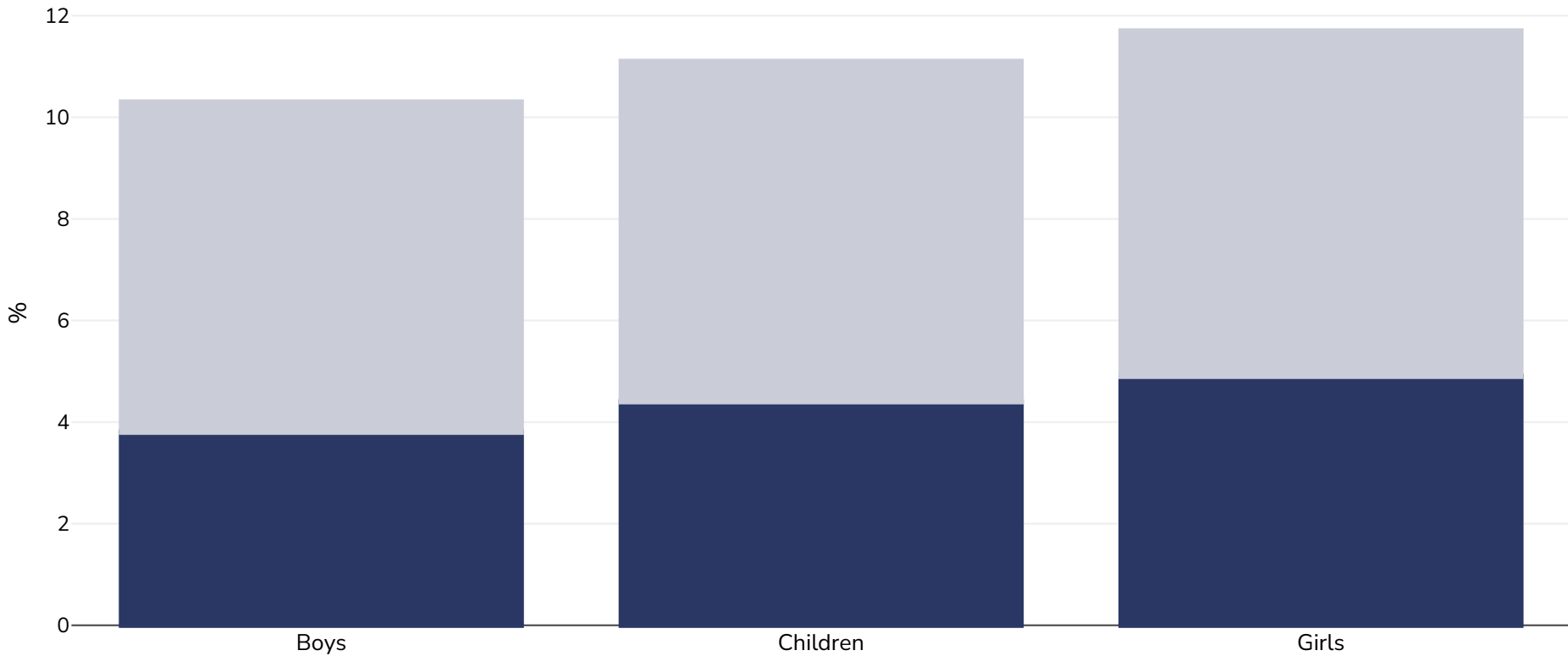


Poland: Obesity prevalence

Children, 2018-2019



■ Obesity ■ Overweight



Survey type: Measured

Age: 5-6

Sample size: 1172

Area covered: Regional

References: Matkoš, P., Wyszyńska, J., Asif, M., Szybisty, A., Aslam, M., Mazur, A., & Herbert, J. (2021). Prevalence of Overweight, Obesity, Abdominal Obesity, and Obesity-Related Risk Factors in Polish Preschool Children: A Cross-Sectional Study. *Journal of clinical medicine*, 10(4), 790. <https://doi.org/10.3390/jcm10040790>

Notes: Sample location = Rzeszów

Definitions: For the purpose of this study, children were classified into two groups: (1) "normal weight" (BMI percentile < 85th percentile) and (2) "excess weight" (overweight/obesity) (≥85th percentile)

Cutoffs: CDC