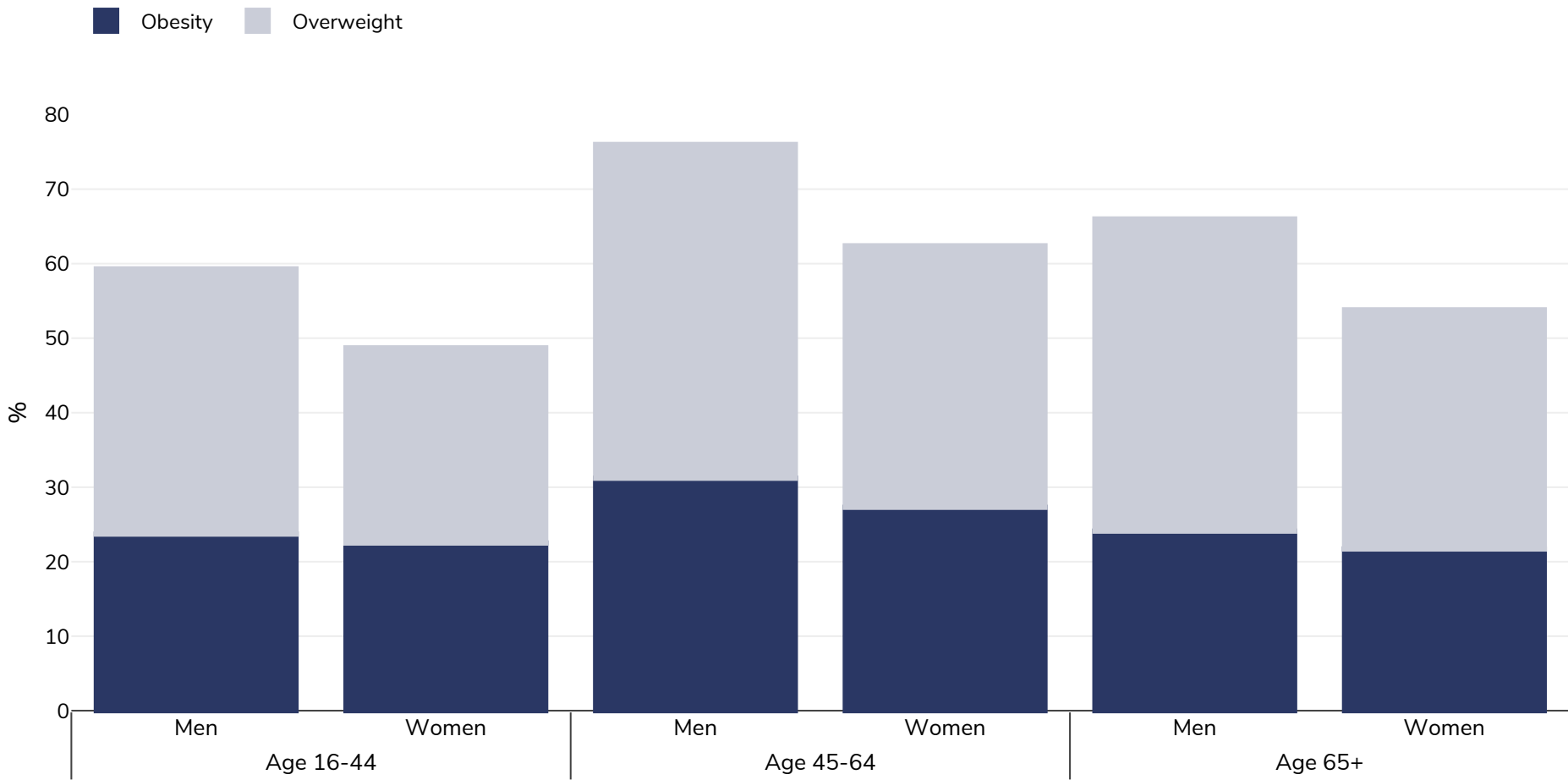


# Wales: Overweight/obesity by age

Adults, 2019-2020



**Survey type:** Self-reported

**Sample size:** 57886

**Area covered:** National

**References:** National Health Survey for Wales 2019-20. <https://statswales.gov.wales/Catalogue/National-Survey-for-Wales/Population-Health/Adult-Lifestyles> (last accessed 30.09.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.