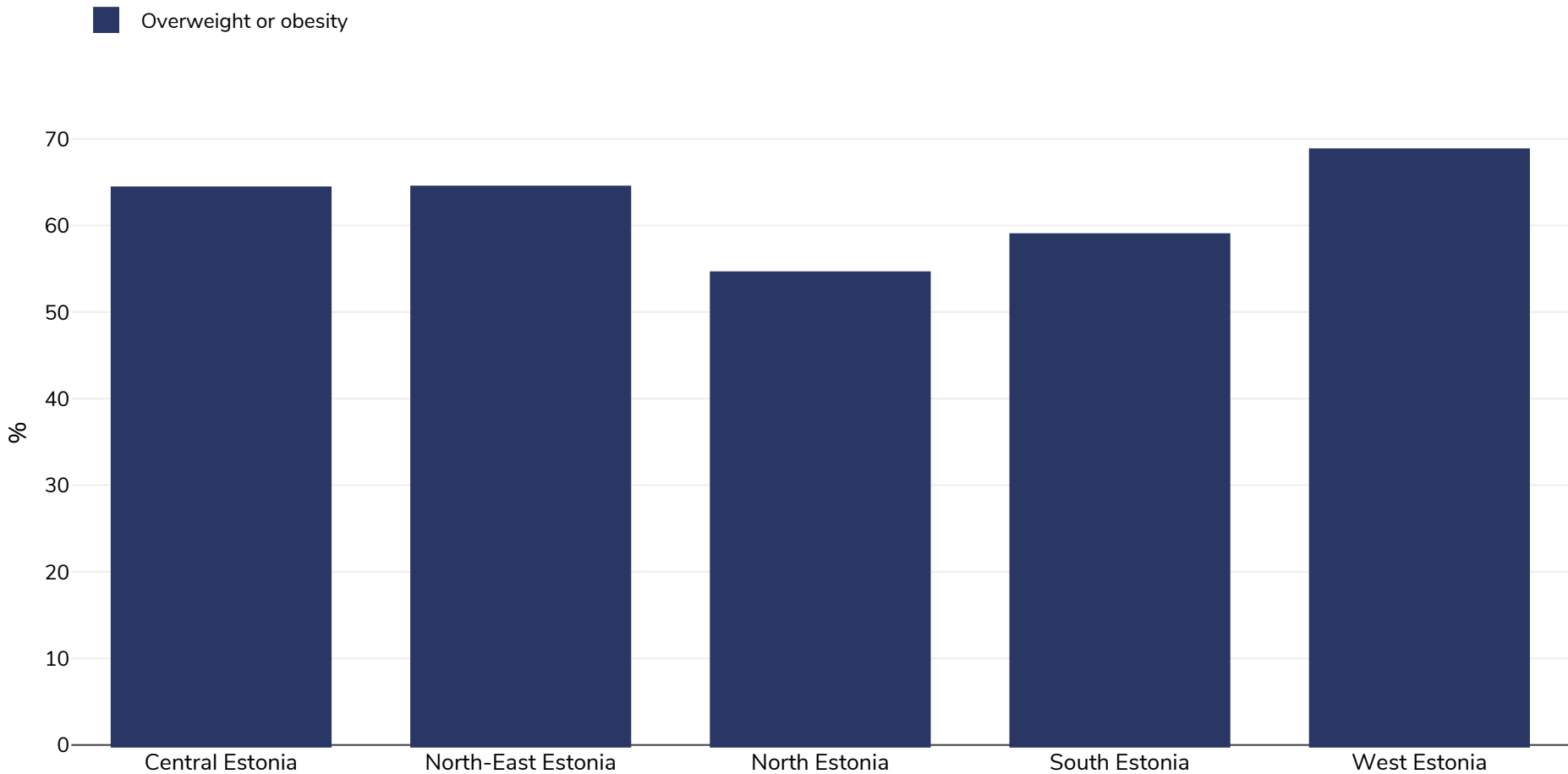


Estonia: Overweight/obesity by region

Men, 2018



Survey type: Self-reported

Age: 16-64

Sample size: 5000

Area covered: National

References: Estonian adult population health survey 2018 - Health behaviour among Estonian adult population 2018. Available at: <https://rahvatervis.ut.ee/bitstream/1/7478/1/TKU2018.pdf>. Last accessed: 19.04.21.

Notes: Data available at: https://statistika.tai.ee/pxweb/en/Andmebaas/Andmebaas__05Uuringud__02TKU__04Liikumine/?tablelist=true.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².