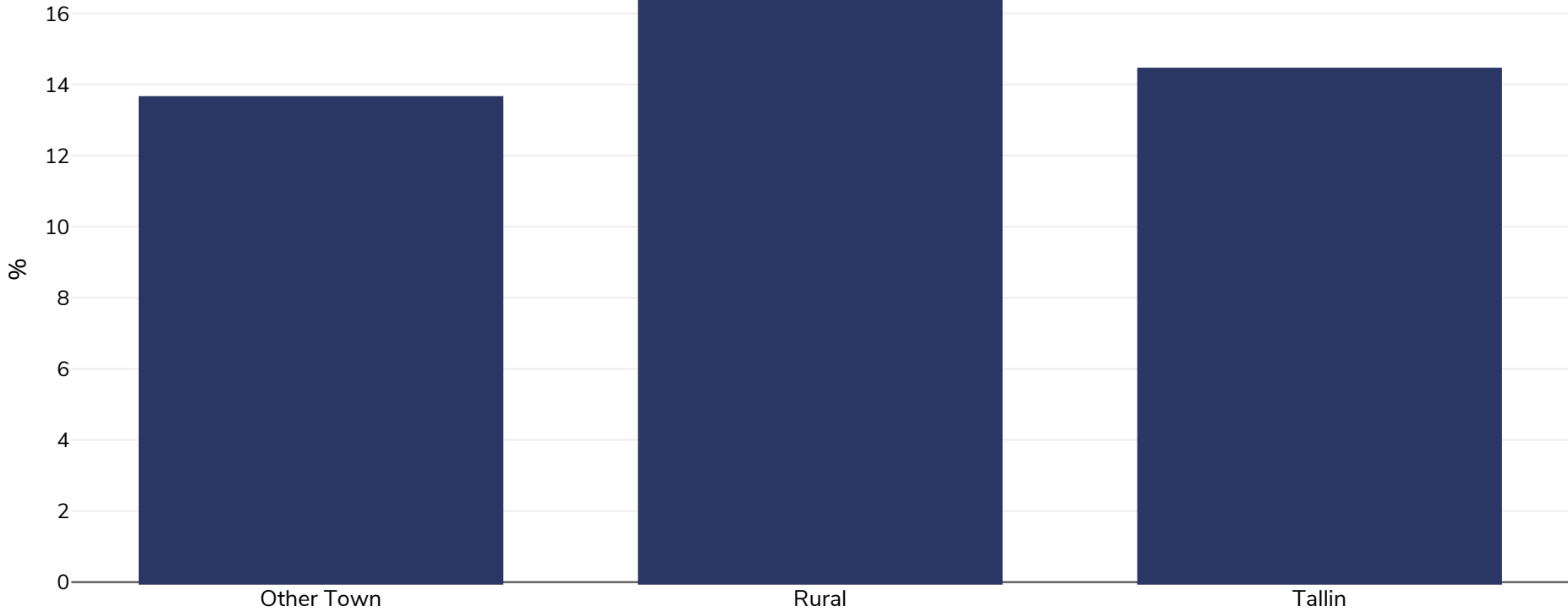


# Estonia: Overweight/obesity by region

Women, 2004

■ Obesity



**Survey type:** Self-reported

**Age:** 16-64

**Sample size:** 3074

**Area covered:** National

**References:** Tekkel M, Veideman T, Rahu M. Changes over fourteen years in adult obesity in Estonia: socioeconomic status and use of outpatient health services. Cent Eur J Public Health 2010; 18 (4): 186-191

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.