

Iċ-Ċina: Piż žejjed/obežità skont l-età

Adulti, 2015-2017

Piż žejjed jew obežità

50

40

30

20

10

0

%

Età 20-29

Età 30-39

Età 40-49

Età 50-59

Età 60-69

Età 70+

Tip ta' stħarrig:

Imkejjel

Id-daqs tal-kampjun:

72824

Erja Koperta:

Nazzjonali

Referenzi:

Li, Y., Teng, D., Shi, X., Teng, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2021. Changes in the prevalence of obesity and hypertension and demographic risk factor profiles in China over 10 years: two national cross-sectional surveys. *The Lancet Regional Health-Western Pacific*, 15, p.100227.

Definizzjonijiet (disponibbli bl-Ingliz biss):

According to the Asian-specific cut-off points, overweight was defined as a BMI from 23 kg/m² to less than 25 kg/m², and general obesity was defined as a BMI of 25 kg/m² or greater for both men and women.

Sakemm ma jiġix indikat mod ieħor, il-piż žejjed jirreferi għal BMI bejn 25kg u 29.9kg/m², l-obežità tirreferi għal BMI akbar minn 30kg/m².