Zambia: Overweight/obesity by region
Women, 2013-2014

Survey type: Measured
Age: 15-49
Sample size: 14502
Area covered: National
References: Demographic Health Survey 2013-14
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59. Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².