## Overweight Obesity 50 40 30 % 20 10 0 Primary/basic education Secondary University level Survey type: Self-reported 20+ Age: Sample size: 38238 Area covered: National **References:** Marques-Vidal P and Dias CM. Trends in Overweight and Obesity in Portugal: The National Health Surveys 1995-6 and 1998-9. Obes Res. 2005; 13: 1141-1145 Definitions: Primary/basic education = up to 6yrs education Secondary = 6-12yrs education University level = 12yrs+ education Notes: Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Portugal: Overweight/obesity by education

## Men, 1995-1996

