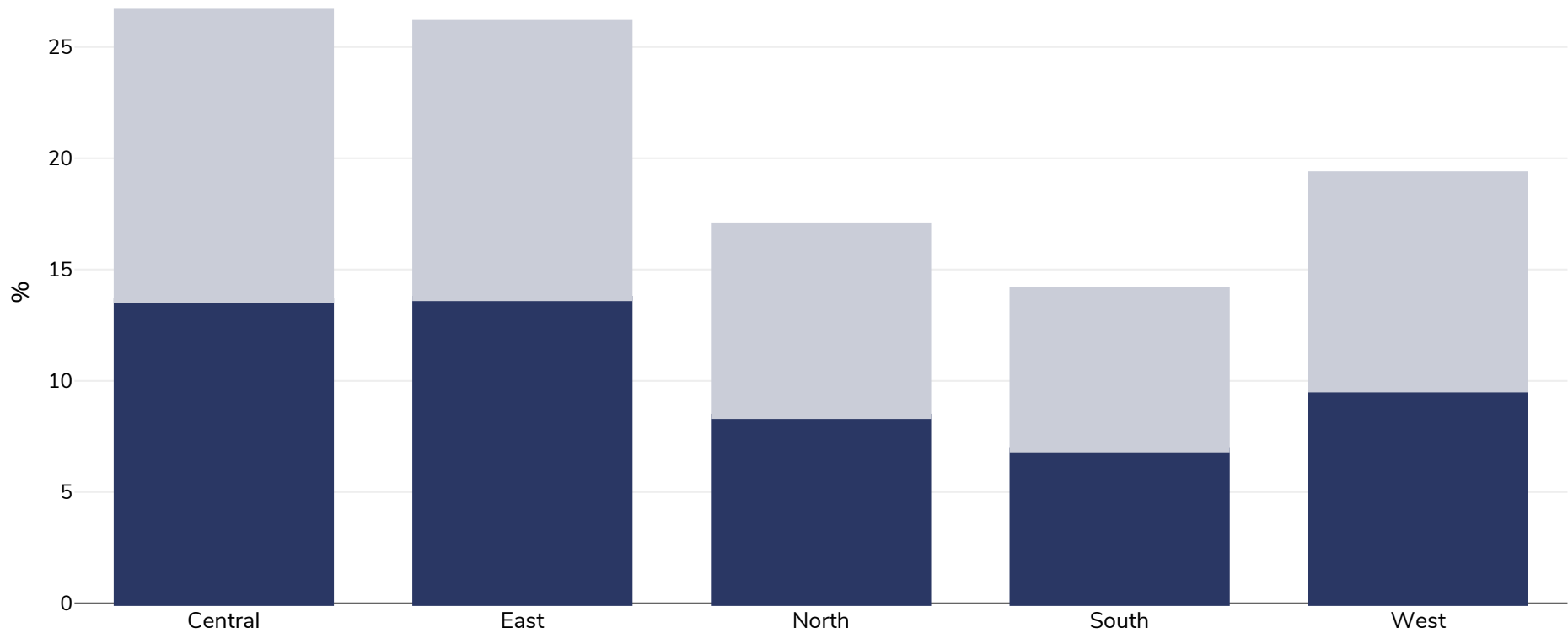


# Saudi Arabia: Overweight/obesity by region

## Children, 2020-2022

■ Obesity    ■ Overweight



<b>Survey type:</b>	Measured
<b>Age:</b>	6-19
<b>Sample size:</b>	1134317
<b>Area covered:</b>	National
<b>References:</b>	Alhamed, A., Al-Zeer, A., Alsaawi, F., Alshaikh, A., Alzaher, A., Alkattan, A., Alrasheed, N., Sagor, K., Alsalem, E., Ibrahim, M. and Alfaleh, A., 2023. The shifting patterns of childhood obesity: Insights from national school screening data. Saudi Pharmaceutical Journal, p.101862.
<b>Definitions:</b>	Growth Charts for Saudi Children and Adolescents. BMI data were plotted on Saudi's sex-specific percentile charts and categorized into four groups: underweight (less than the 5th percentile), normal weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile), obese (95th percentile or greater), and severe obesity (120% of the 95th percentile or greater)
<b>Cutoffs:</b>	Other