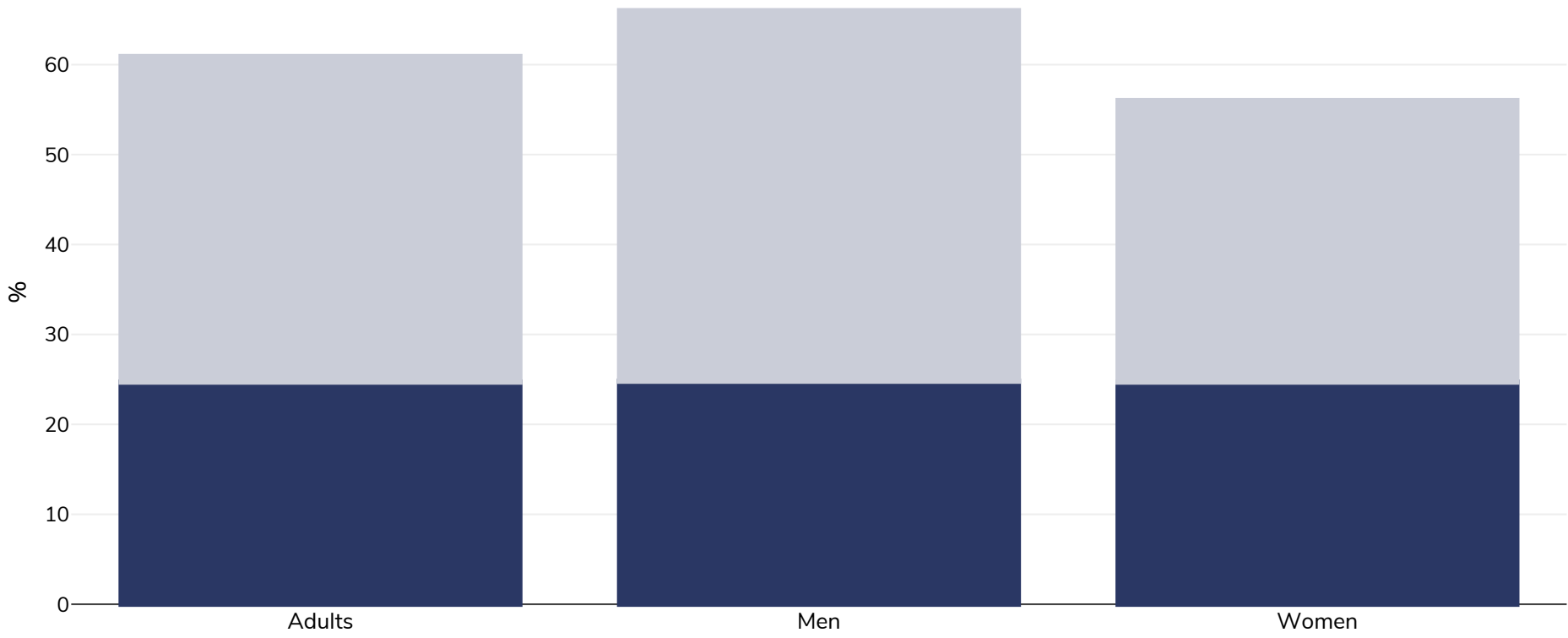


# England: Obesity prevalence



Adults, 2019

■ Obesity ■ Overweight



Survey type:	Measured
Age:	16+
Sample size:	6681
Area covered:	National
References:	Health Survey for England 2019 available at <a href="http://digital.nhs.uk/pubs/hse2019">http://digital.nhs.uk/pubs/hse2019</a> (last accessed 16.12.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.