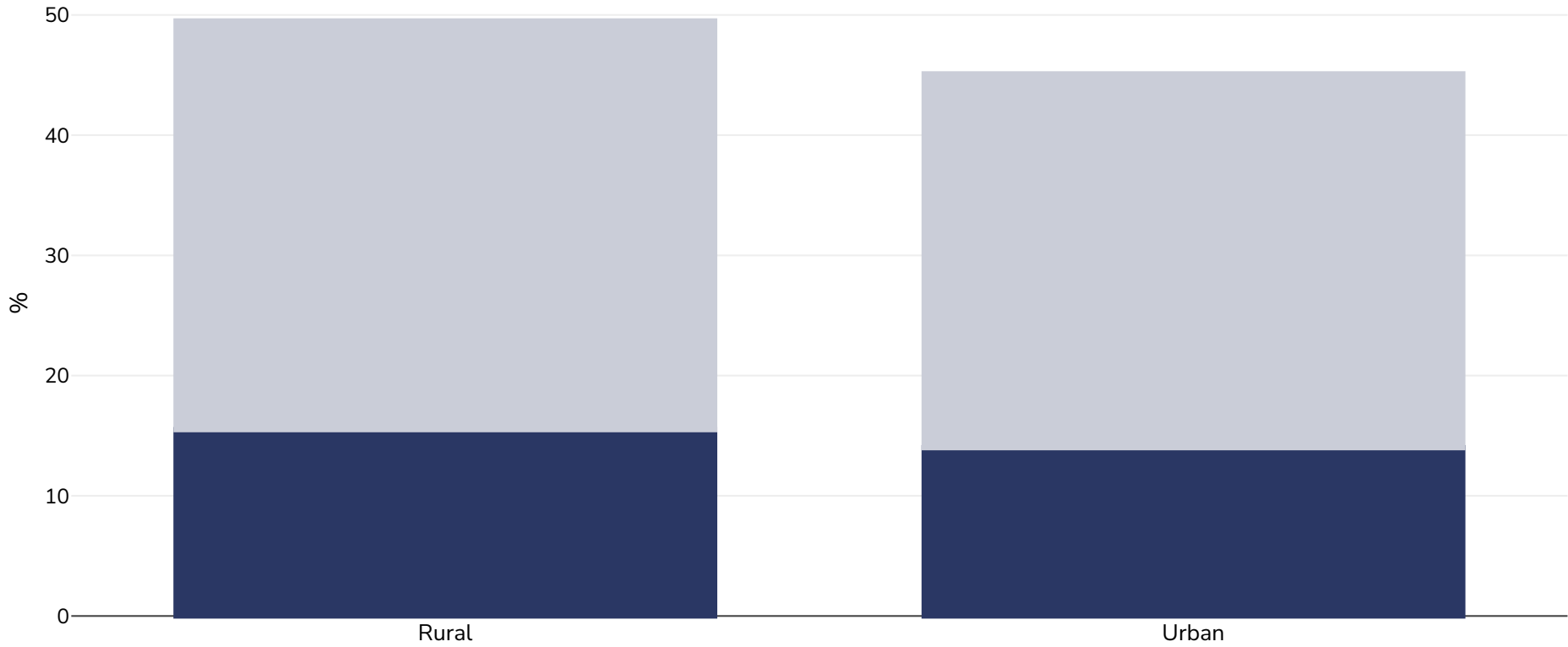


China: Overweight/obesity by region

Women, 2018-2019

■ Obesity ■ Overweight



Survey type: Measured

Age: 18+

Sample size: 155413

Area covered: National

References: Wen Peng, Shiqi Chen and Xinguang Chen et al. Trends in major non-communicable diseases and related risk factors in China 2002–2019: an analysis of nationally representative survey data. The Lancet Regional Health: Western Pacific. 2023. Vol. 43. DOI: 10.1016/j.lanwpc.2023.100809

Definitions: Overweight BMI ≥ 24 - < 28 Kg/m² Obesity BMI ≥ 28 Kg/m²

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².