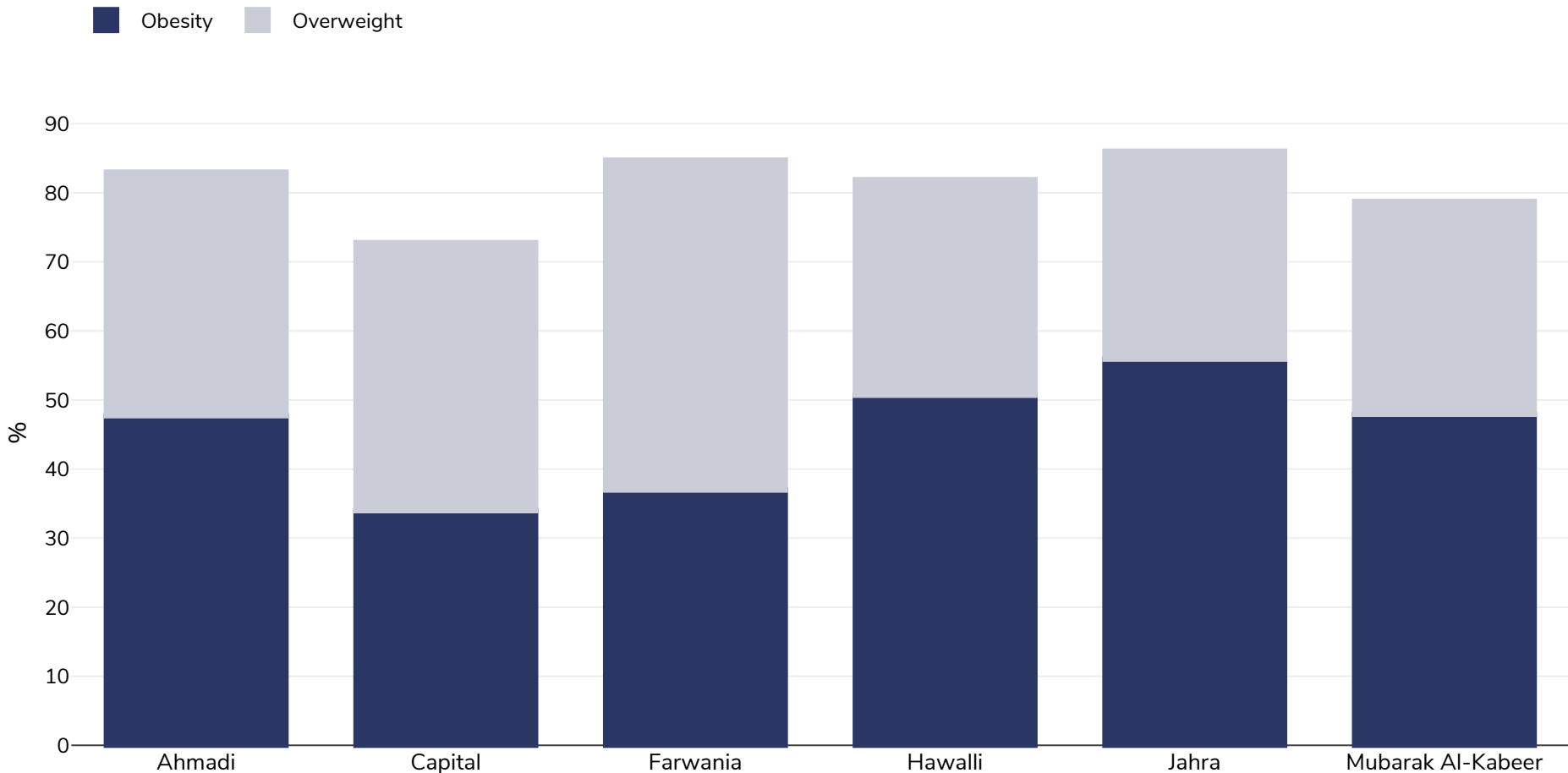


# Kuwait: Overweight/obesity by region

Adults, 2018



**Survey type:** Measured

**Age:** 19+

**Sample size:** 1772

**References:** The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health. <https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.