New Zealand: Obesity prevalence
Adults, 2019-2020

Survey type: Measured
Age: 15+
Sample size: 9500
Area covered: National


Notes: Overweight/Obesity based on standard adult cut off except for 15-17 year olds where IOTF International Cut offs are used

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².