

References:

PASSI 2020-2021. Available at https://www.epicentro.iss.it/passi/dati/sovrappeso?tab-container-1=tab1 (last accessed on 22.03.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².