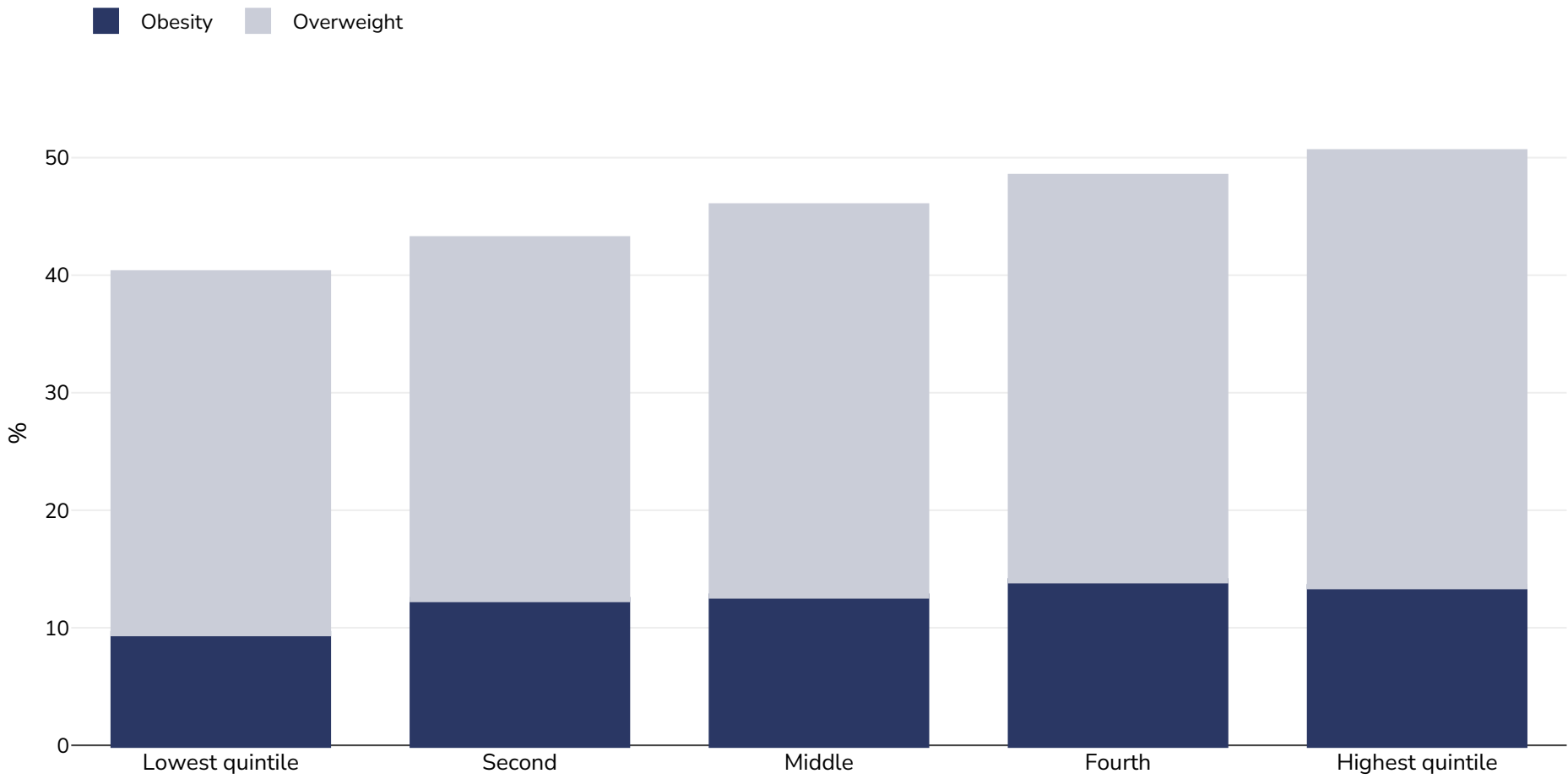


# Bhutan: Overweight/obesity by socio-economic group



Adults, 2023



|               |  |
|---------------|--|
| Survey type:  | Measured   |
| Age:          | 15-69  |
| Sample size:  | 10942  |
| Area covered: | National   |
| References:   | Ministry of Health, Royal Government of Bhutan. 5th National Health Survey: Integrated Stepwise Household Survey 2023. Thimphu, Bhutan: Ministry of Health; 2024 |

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².