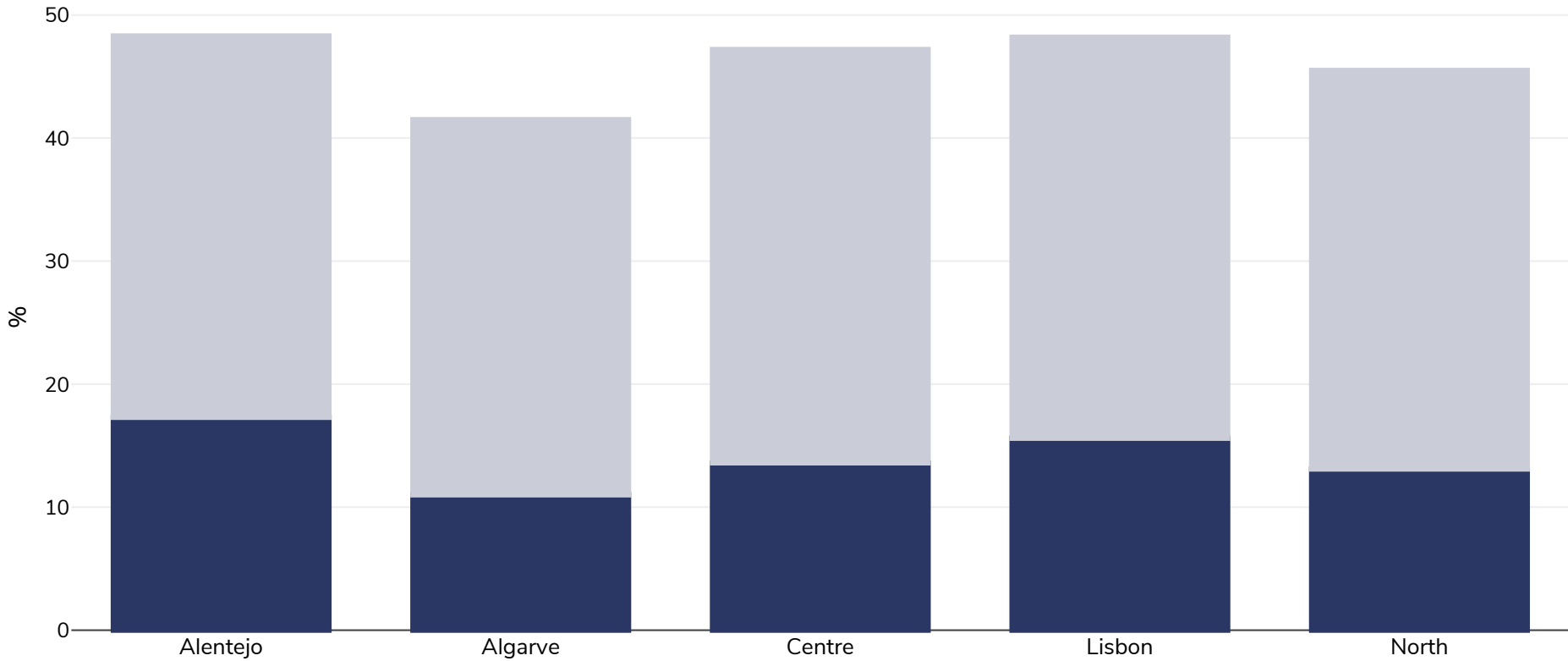


Portugal: Overweight/obesity by region

Women, 1998-1999

■ Obesity ■ Overweight



Survey type: Self-reported

Age: 20+

Sample size: 38225

Area covered: National

References: Marques-Vidal P and Dias CM. Trends in Overweight and Obesity in Portugal: The National Health Surveys 1995-6 and 1998-9. *Obes Res.* 2005; 13: 1141-1145

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².