WORLD ØBESITY Germany: Overweight/obesity by region Women, 2019 Overweight Obesity 50 40 30 %

20

10

0

Cities

Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	Eurostat 2019. Available at: https://ec.europa.eu/eurostat/databrowser/view/hlth_ehis_bm1ucustom_17208649/default/table?lang=en&page=time:2019 [Accessed 20.06.25]

Rural areas

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Towns and suburbs