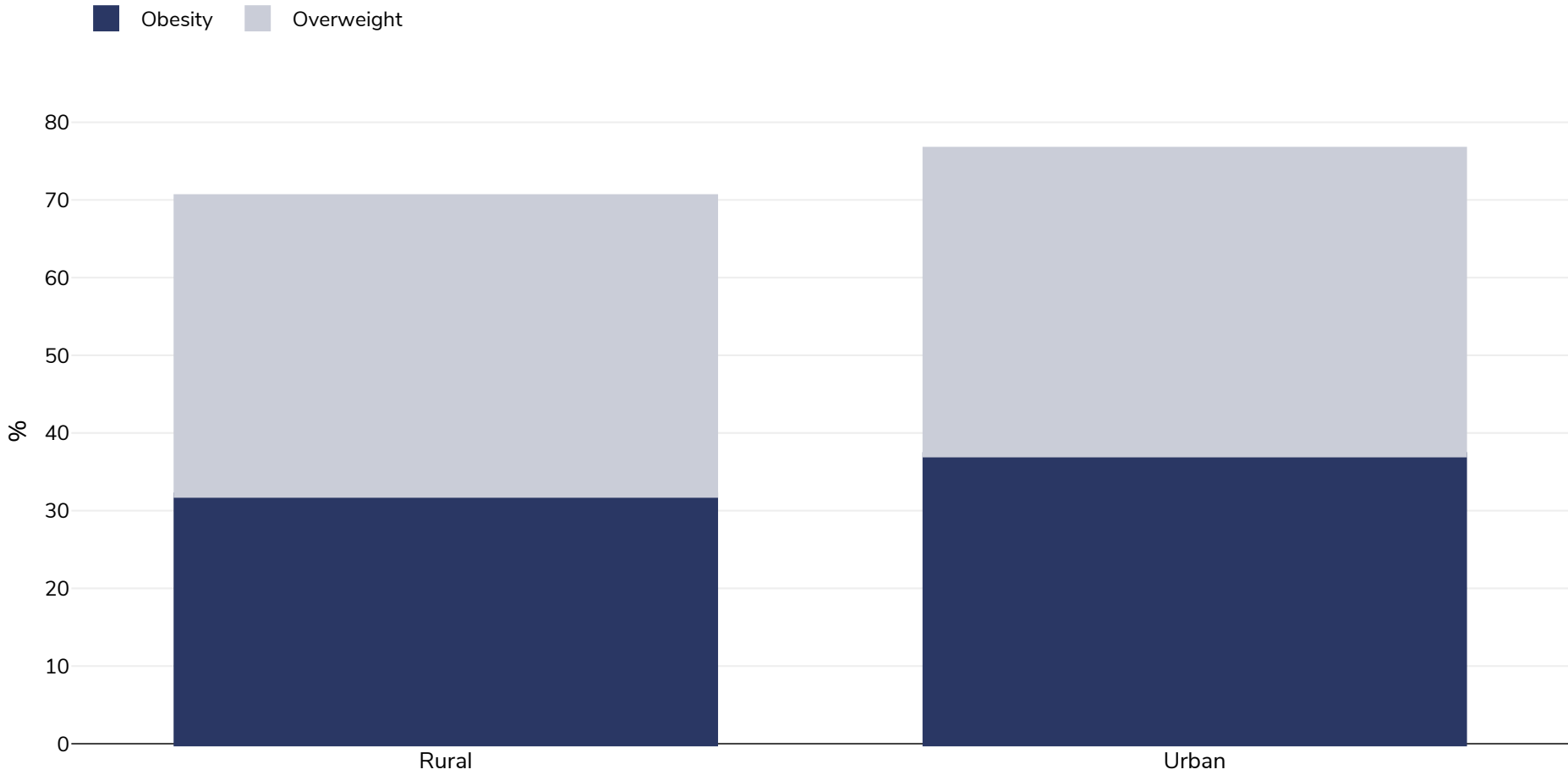


# Mexico: Overweight/obesity by region

Adults, 2018-2019



Survey type:	Measured
Age:	20+
Sample size:	16257
Area covered:	National

References: Encuesta Nacional de Salud y Nutrición 2018. <https://ensanut.insp.mx/encuestas/ensanut2018/informes.php> (Accessed 15.12.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.