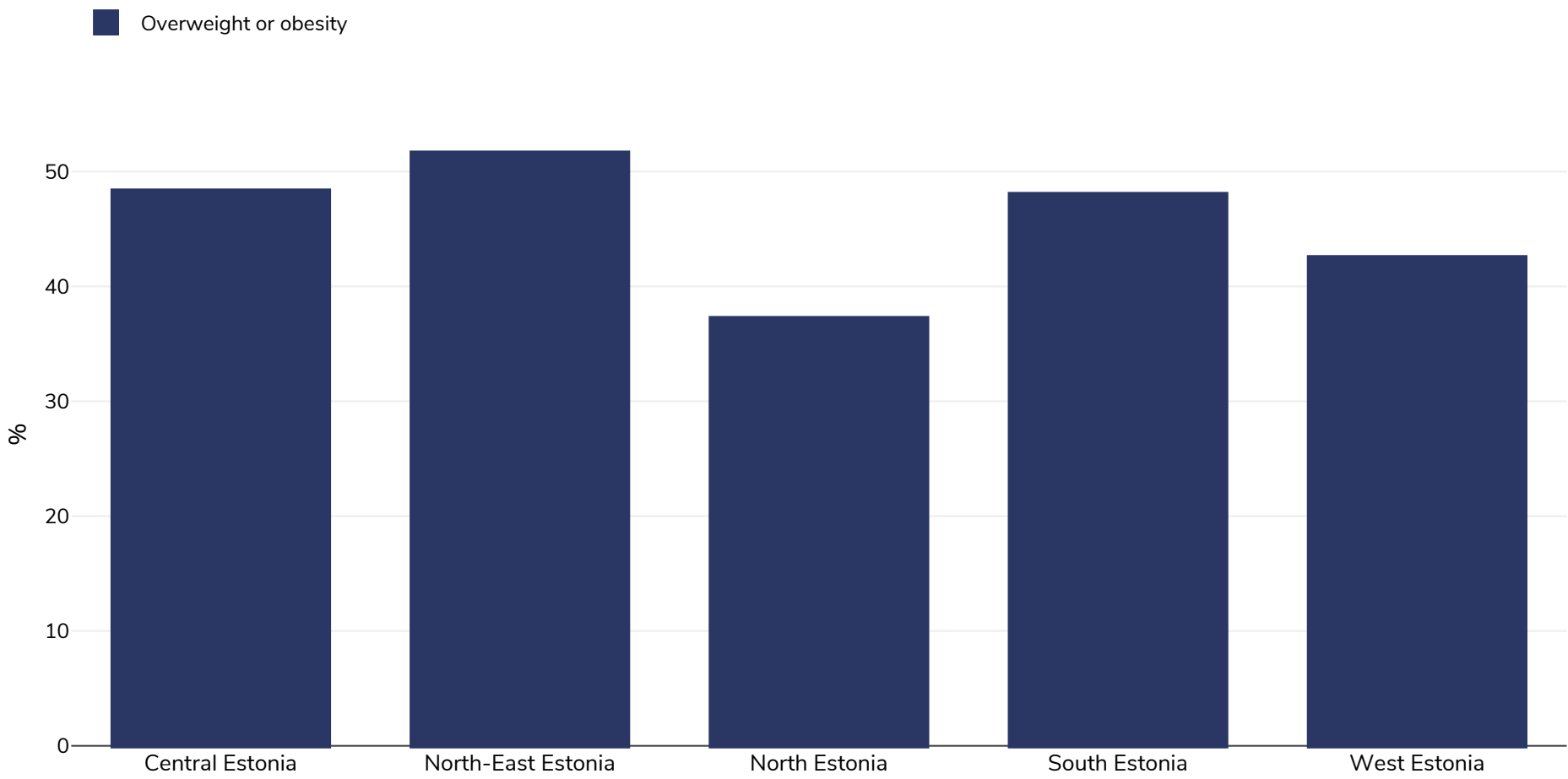


# Estonia: Overweight/obesity by region

Women, 2018



<b>Survey type:</b>	Self-reported
<b>Age:</b>	16-64
<b>Sample size:</b>	5000
<b>Area covered:</b>	National
<b>References:</b>	Estonian adult population health survey 2018 - Health behaviour among Estonian adult population 2018. Available at: <a href="https://rahvatervis.ut.ee/bitstream/1/7478/1/TKU2018.pdf">https://rahvatervis.ut.ee/bitstream/1/7478/1/TKU2018.pdf</a> . Last accessed: 19.04.21.
<b>Notes:</b>	Data available at: <a href="https://statistika.tai.ee/pxweb/en/Andmebaas/Andmebaas__05Uuringud__02TKU__04Liikumine/?tablelist=true">https://statistika.tai.ee/pxweb/en/Andmebaas/Andmebaas__05Uuringud__02TKU__04Liikumine/?tablelist=true</a> . Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m <sup>2</sup> , obesity refers to a BMI greater than 30kg/m <sup>2</sup> .