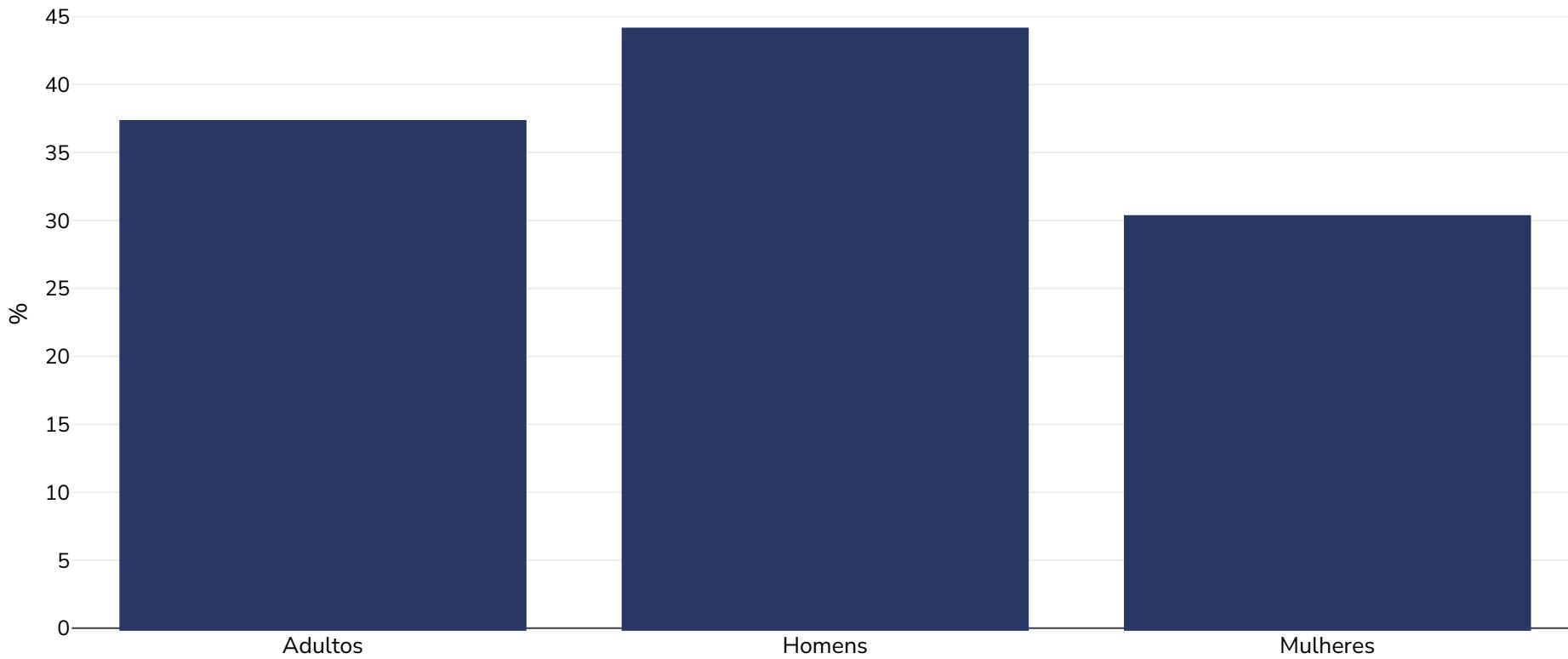


# China: Prevalência de obesidade

Adultos, 2015-2017

 Excesso de peso ou obesidade



**Tipo de inquérito:**

Medido

**Idade:**

20+

**Tamanho da amostra:**

72824

**Área abrangida:**

Nacional

**Referências:**

Li, Y., Teng, D., Shi, X., Teng, X., Teng, W., Shan, Z., Lai, Y. and China National Diabetes and Metabolic Disorders Study Group, 2021. Changes in the prevalence of obesity and hypertension and demographic risk factor profiles in China over 10 years: two national cross-sectional surveys. *The Lancet Regional Health-Western Pacific*, 15, p.100227.

**Definições (disponível apenas em inglês):**

According to the Asian-specific cut-off points, overweight was defined as a BMI from 23 kg/m<sup>2</sup> to less than 25 kg/m<sup>2</sup>, and general obesity was defined as a BMI of 25 kg/m<sup>2</sup> or greater for both men and women. Data by age and by region using Asian-specific cut-off points are also available in the paper.

**Cutoffs:**

WHO Asia

*Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m<sup>2</sup>, a obesidade refere-se a um IMC superior a 30 kg/m<sup>2</sup>.*