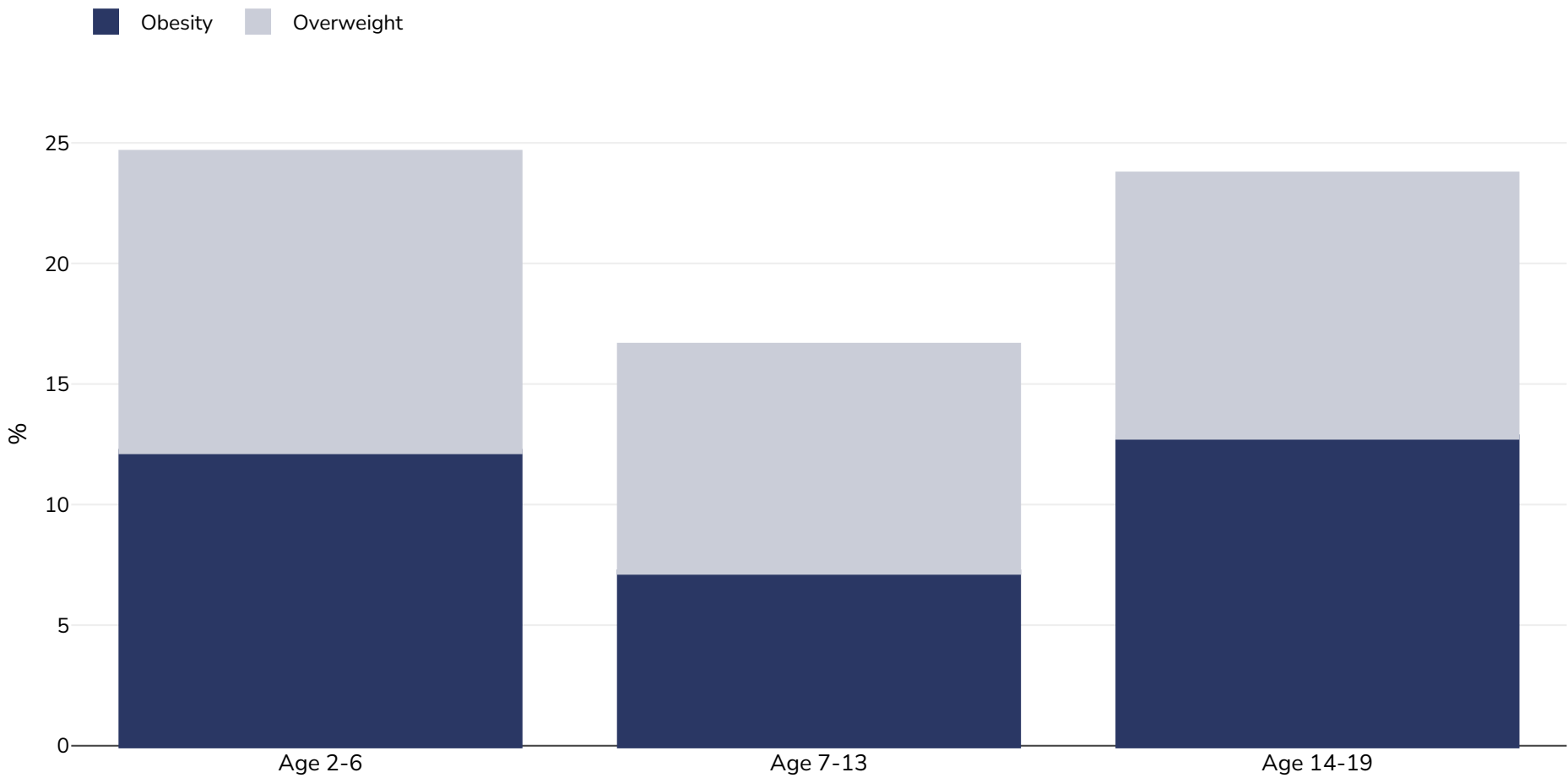


# Saudi Arabia: Overweight/obesity by age



Children, 2016-2021



Survey type:	Measured
Sample size:	337,316
Area covered:	Subnational
Notes:	The sample included children and adolescents who visited any healthcare facility within the National Guard Health System (5 hospitals and 24 primary care centers) across the Kingdom of Saudi Arabia between 2016 and 2021. The five hospitals were in Riyadh, the Eastern Province (Dammam and Al Ahsa), Jeddah, and Madinah; there were no hospital or primary care centers in the Northern region. Children and adolescents with outlier anthropometric measurements, such as height >190 cm and weight <3 kg or >190 kg, were excluded.
Definitions:	Growth Charts for Saudi Children and Adolescents. BMI data were plotted on Saudi sex- and age-specific growth charts and categorized into four groups: underweight (<5th percentile), normal weight (5th to <85th percentile), overweight (≥85th to <95th percentile), and obese (≥95th).
Cutoffs:	Other