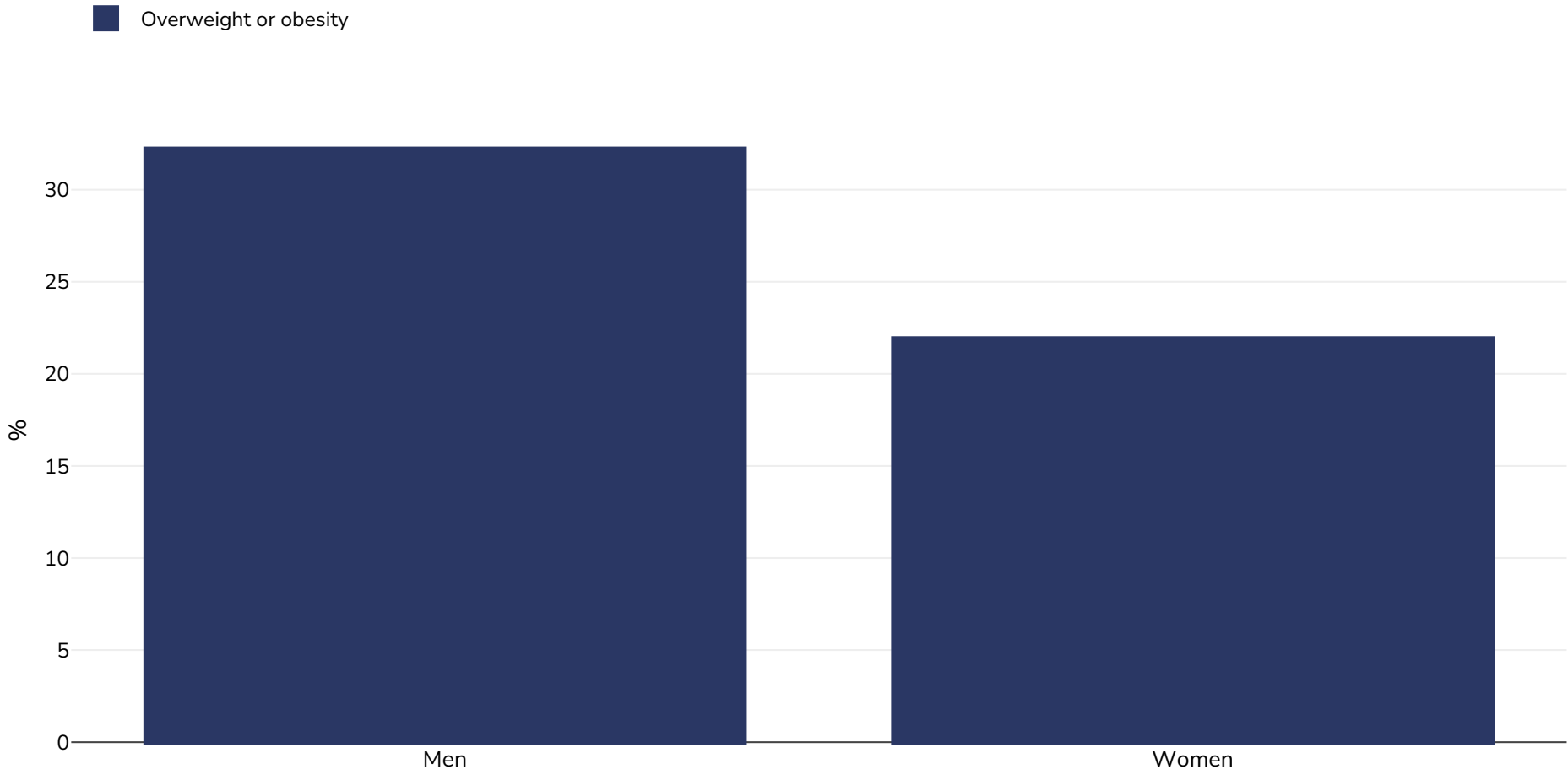


# Japan: Obesity prevalence

Adults, 2018



Survey type:	Measured
Age:	20+
Sample size:	5234
Area covered:	National
References:	National Health and Nutrition Survey, 2018 published by the Ministry of Health, Labor and Welfare. Available at <a href="https://www.nibiohn.go.jp/eiken/kenkounippon21/download_files/eiyouchousa/2018.pdf">https://www.nibiohn.go.jp/eiken/kenkounippon21/download_files/eiyouchousa/2018.pdf</a> (last accessed 17.05.21)
Notes:	Paper classifies obesity as BMI => 25 Kg/M2

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².