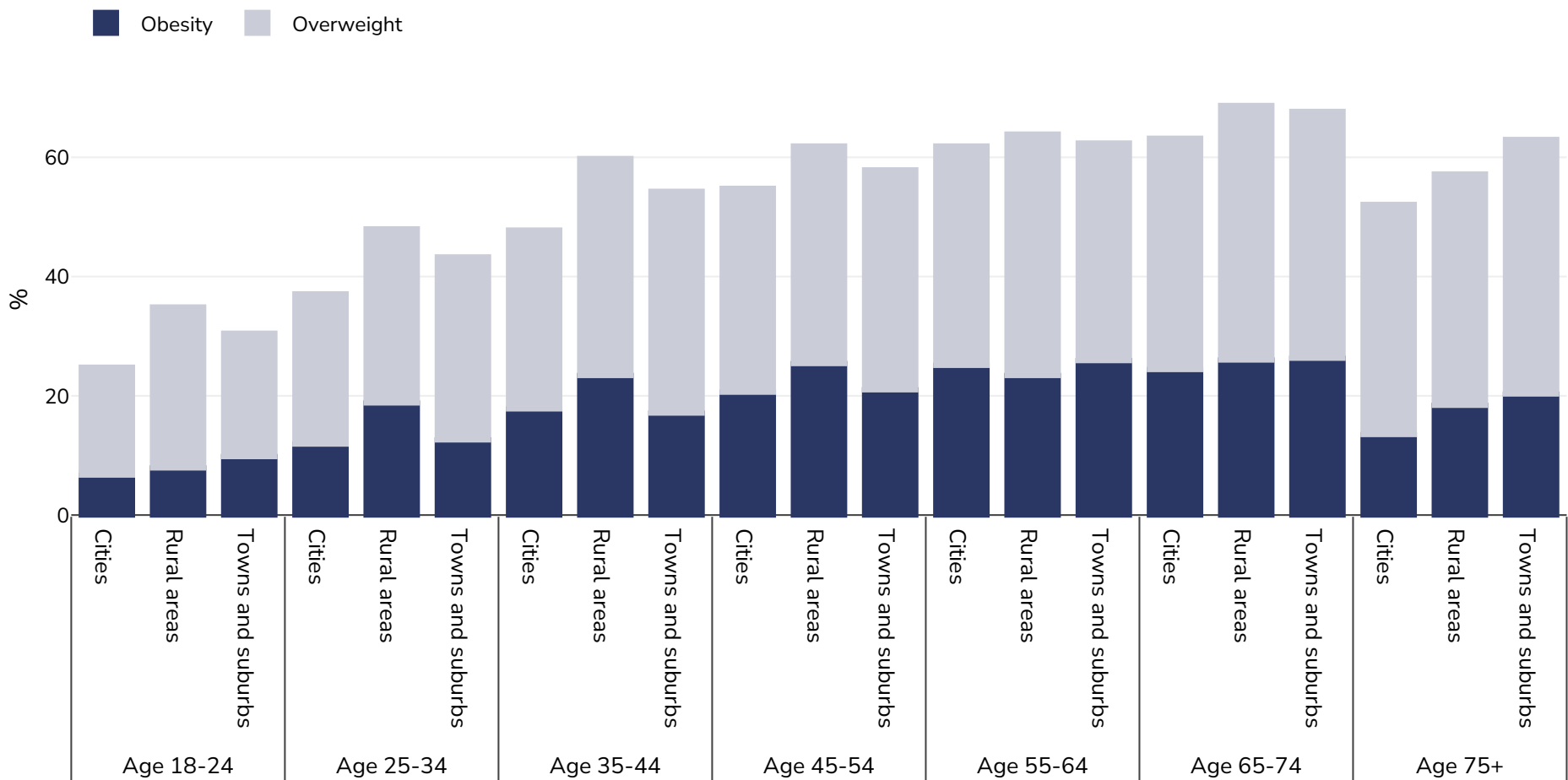


Germany: Overweight/obesity by age and region



Adults, 2019



Survey type: Self-reported

Area covered: National

References: Eurostat 2019. Available at: https://ec.europa.eu/eurostat/databrowser/view/hlth_ehis_bm1u_custom_17208809/default/table?lang=en&page=time:2019 [Accessed 20.06.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².