

Maldives: Insufficient physical activity

Adulti, 2016

35

30

25

20

15

10

5

0

% di attività fisica insufficiente

Myanmar

Nepal

Timor Est

Indonesia

Bhutan

Thailandia

Bangladesh

Sri Lanka

Maldives

India

Riferimenti:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)