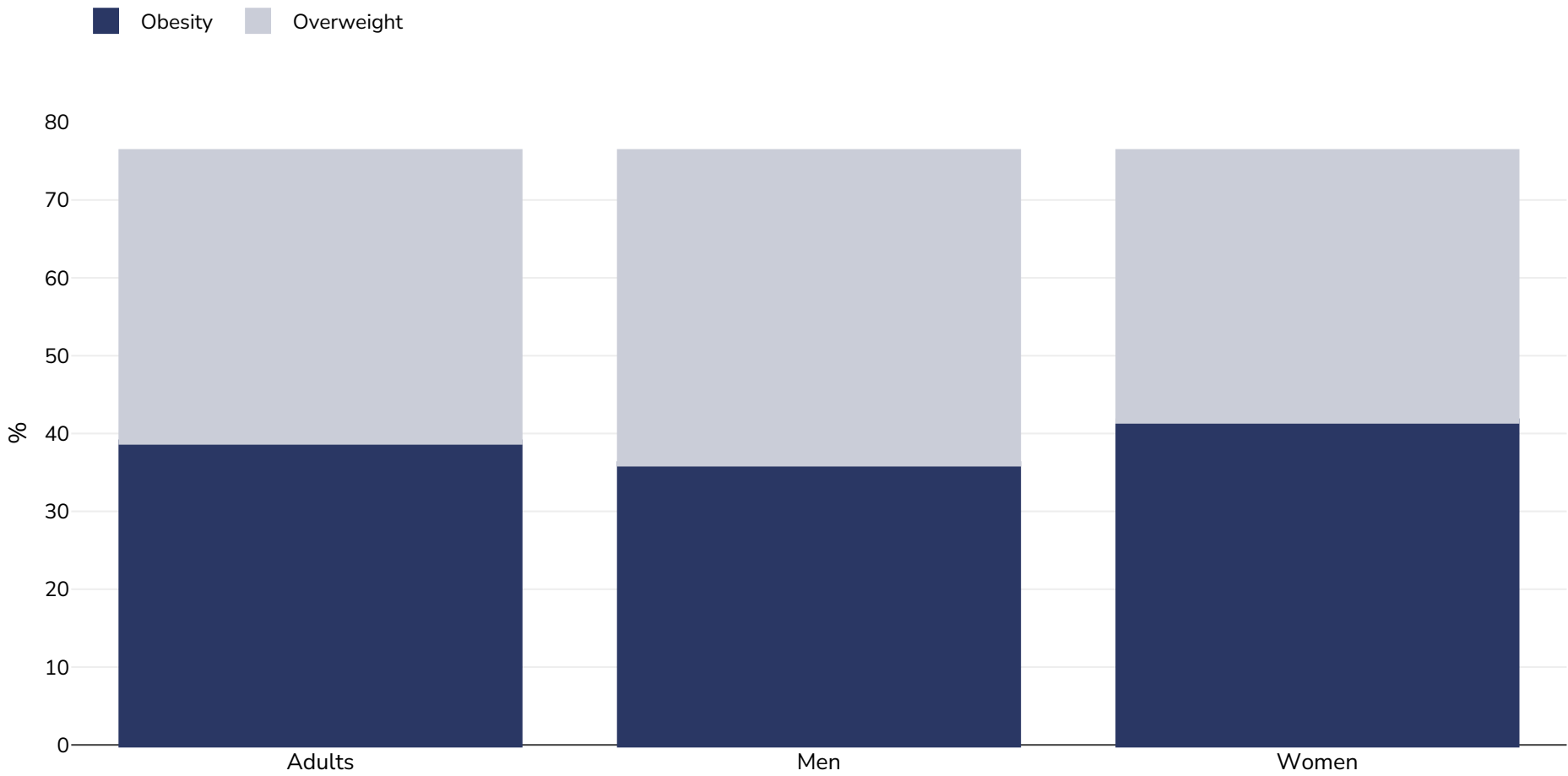


Mexico: Obesity prevalence



Adults, 2023



Survey type:	Measured
Age:	20+
Sample size:	5474
Area covered:	National
References:	Shamah-Levy T, Lazcano-Ponce EC, Cuevas-Nasu L, Romero-Martínez M, Gaona-Pineda EB, Gómez-Acosta LM, Mendoza-Alvarado LR, Méndez-Gómez-Humarán I. Encuesta Nacional de Salud y Nutrición Continua 2023. Resultados Nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2024.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².