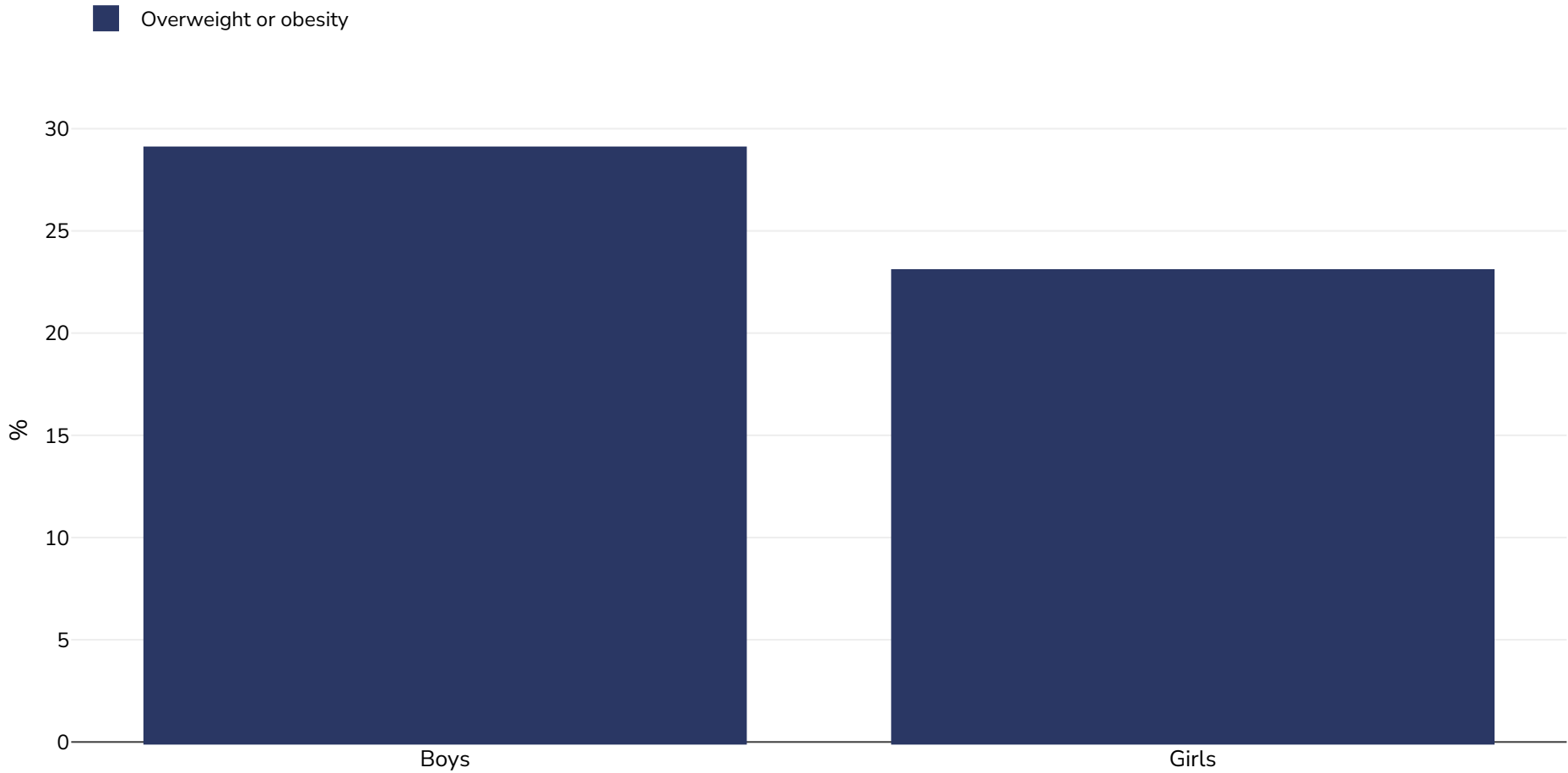


# Portugal: Obesity prevalence



## Children, 2021-2022



<b>Survey type:</b>	Self-reported
<b>Age:</b>	13
<b>References:</b>	Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
<b>Notes:</b>	HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
<b>Cutoffs:</b>	+2SD