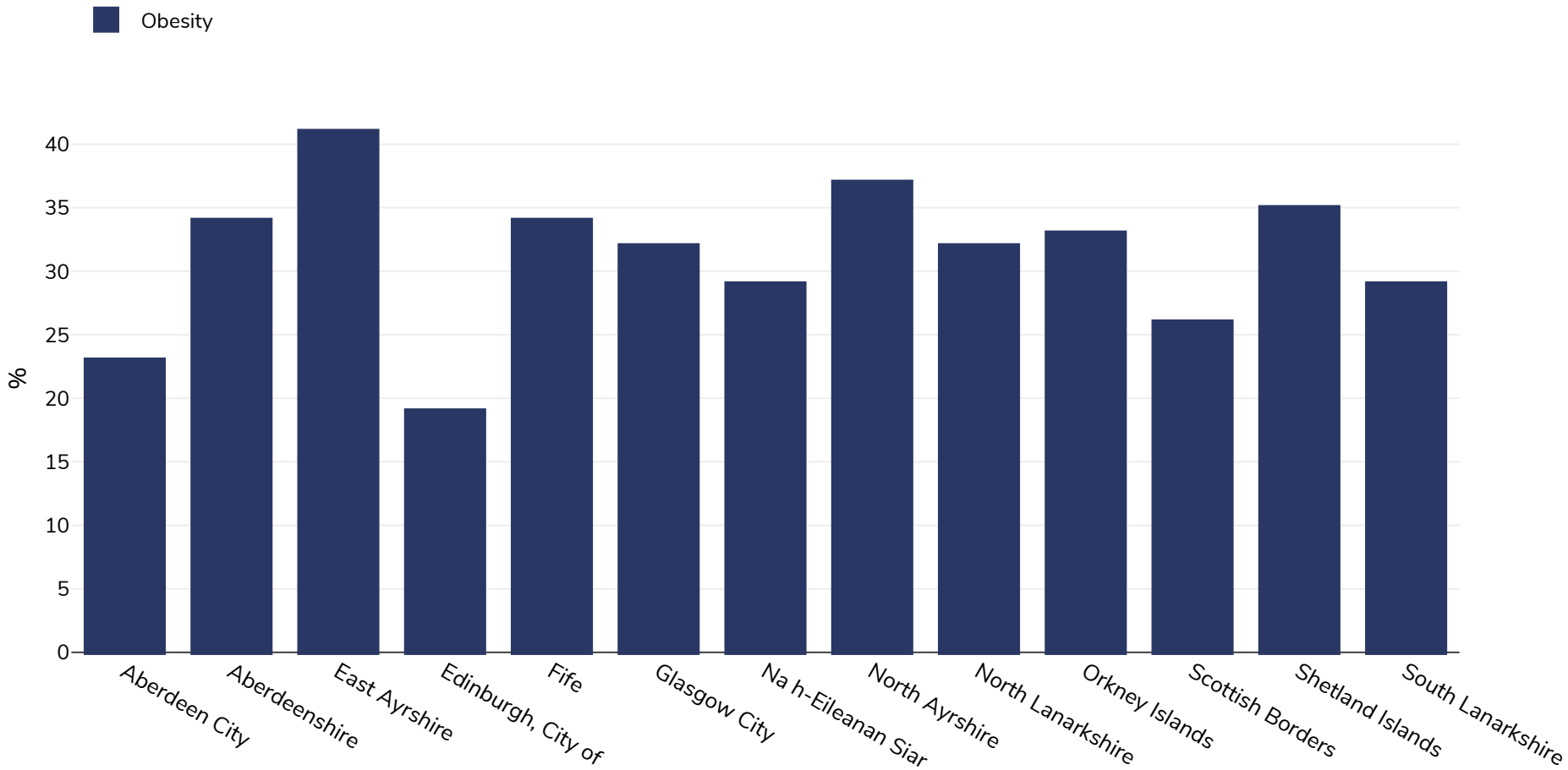


# Scotland: Overweight/obesity by region

Women, 2016-2019



Survey type:	Measured
Age:	16+
Area covered:	National
References:	Scottish Health Survey 2016-2019 <a href="https://scotland.shinyapps.io/sg-scottish-health-survey/">https://scotland.shinyapps.io/sg-scottish-health-survey/</a> (accessed 16.01.24)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.