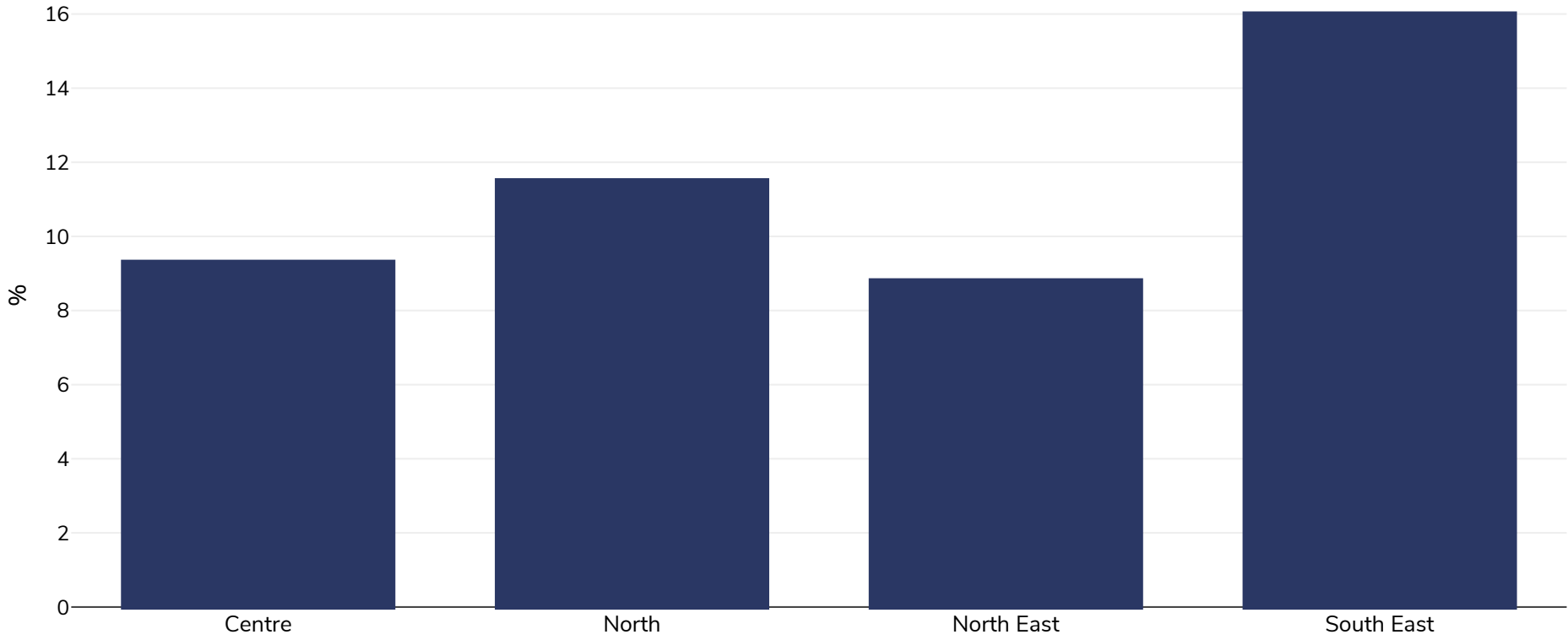


# Spain: Overweight/obesity by region

Men, 1990-1994

■ Obesity



<b>Survey type:</b>	Measured
<b>Age:</b>	25-60
<b>Sample size:</b>	5388
<b>Area covered:</b>	Four Spanish regions: Catalunya, Basque Country, Madrid and Valenci
<b>References:</b>	Aranceta J, Perez Rodrigo C, Serra Majem L et al. Influence of sociodemographic factors in the prevalence of obesity in Spain. The SEEDO '97 Study. European Journal of Clinical Nutrition (2001); 55: 430-435
<b>Notes:</b>	Data is age-adjusted prevalence. Obesity defined as BMI => 30 kg/m2 Note that odds ratio for obesity by socio-demographic factors also available.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.