Spain: Overweight/obesity by region
Men, 1990-1994

Survey type: Measured
Age: 25-60
Sample size: 5388
Area covered: Four Spanish regions: Catalunya, Basque Country, Madrid and Valenci

References:

Notes:
Data is age-adjusted prevalence. Obesity defined as BMI => 30 kg/m² Note that odds ratio for obesity by socio-demographic factors also available.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².