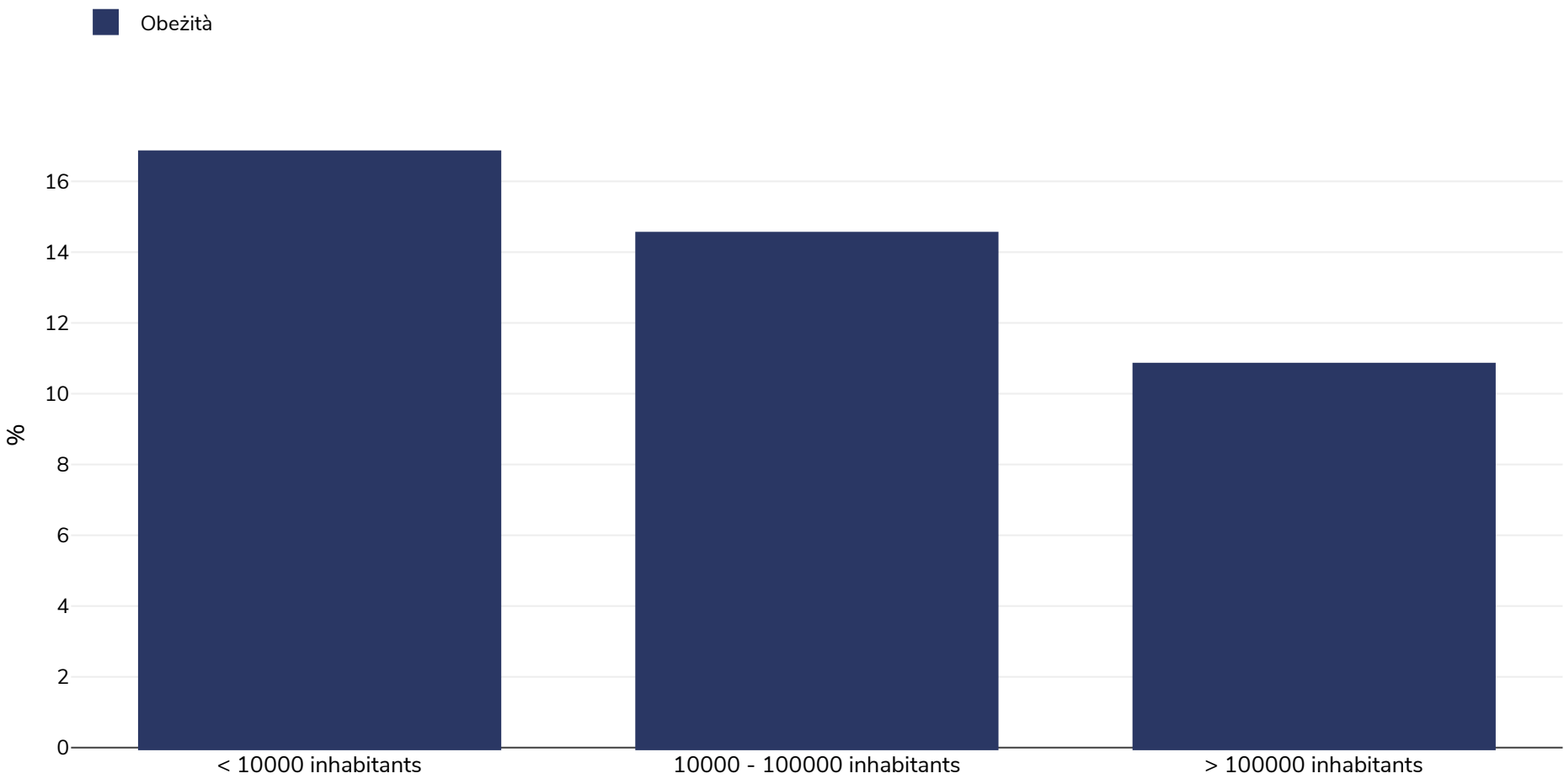


# Spanja: Overweight/obesity by region

Irgiel, 1990-1994



<b>Tip ta' stħarrig:</b>	Imkejjel
<b>Età:</b>	25-60
<b>Id-daqs tal-kampjun:</b>	5388
<b>Erja Koperta:</b>	Four Spanish regions: Catalunya, Basque Country, Madrid and Valenci
<b>Referenzi:</b>	Aranceta J, Perez Rodrigo C, Serra Majem L et al. Influence of sociodemographic factors in the prevalence of obesity in Spain. The SEEDO '97 Study. European Journal of Clinical Nutrition (2001); 55: 430-435
<b>Noti:</b>	Obesity defined as BMI => 30 kg/m <sup>2</sup>

Sakemm ma jgix indikat mod ieħor, il-piż żejjed jirreferi għal BMI bejn 25kg u 29.9kg/m<sup>2</sup>, l-obeżità tirreferi għal BMI akbar minn 30kg/m<sup>2</sup>.