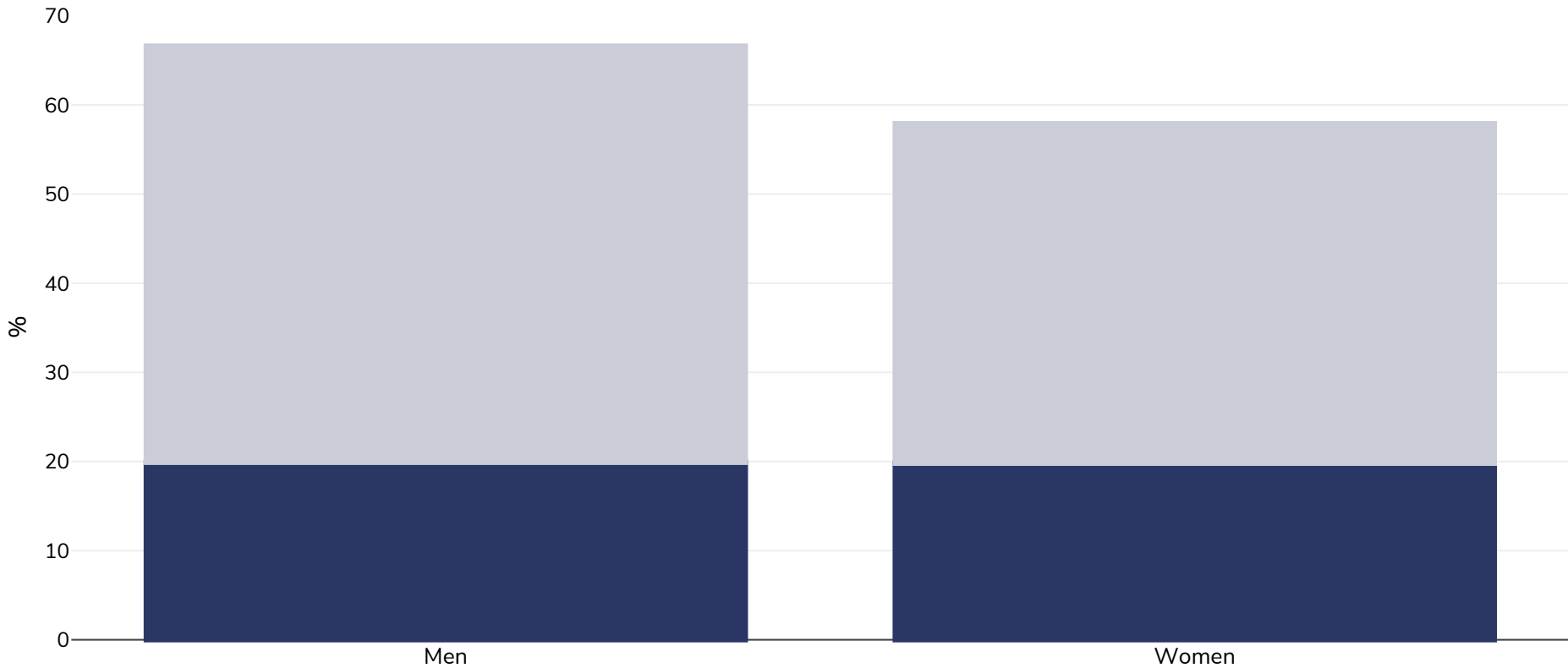


Portugal: Obesity prevalence

Adults, 2008-2009

■ Obesity ■ Overweight



Survey type: Measured

Age: 18-64

Sample size: 6906

Area covered: National

References: Sardinha LB, Santos DA, Silva AM, Coelho-e-Silva MJ, Raimundo AM, Moreira H, et al. (2012) Prevalence of Overweight, Obesity, and Abdominal Obesity in a Representative Sample of Portuguese Adults. PLoS ONE 7(10): e47883. doi:10.1371/journal.pone.0047883

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².