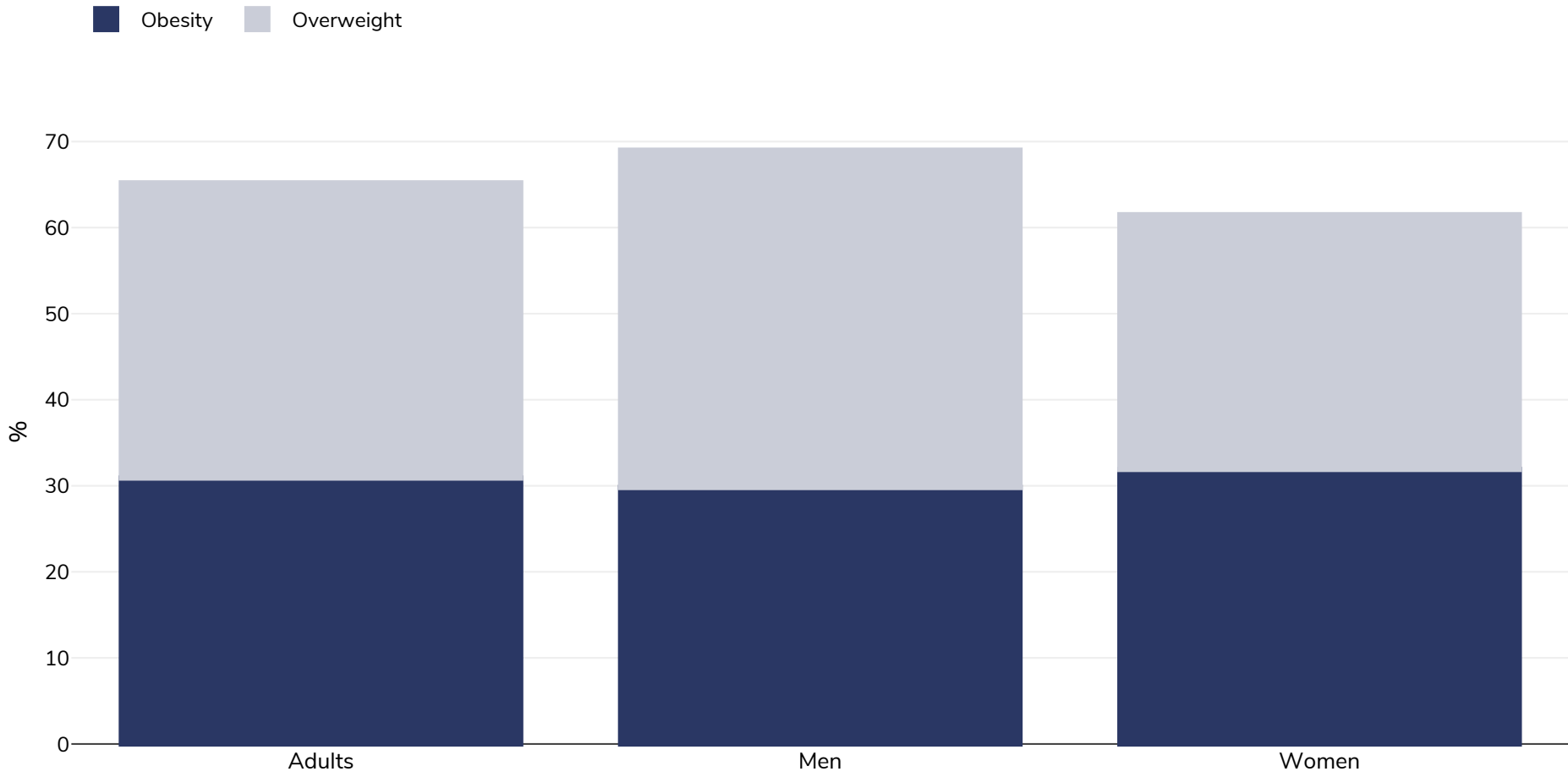


# New Zealand: Obesity prevalence

Adults, 2018-2019



<b>Survey type:</b>	Measured
<b>Age:</b>	15+
<b>Sample size:</b>	12,580
<b>Area covered:</b>	National
<b>References:</b>	New Zealand Health Survey 2018-19. New Zealand Ministry of Health ( <a href="https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#!/key-indicators">https://minhealthnz.shinyapps.io/nz-health-survey-2018-19-annual-data-explorer/_w_b396d161/#!/key-indicators</a> accessed 14.11.19)
<b>Notes:</b>	Overweight/Obesity/ Severe Obesity based on standard adult cut off except for 15-17 year olds where IOTF International Cut offs are used

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.