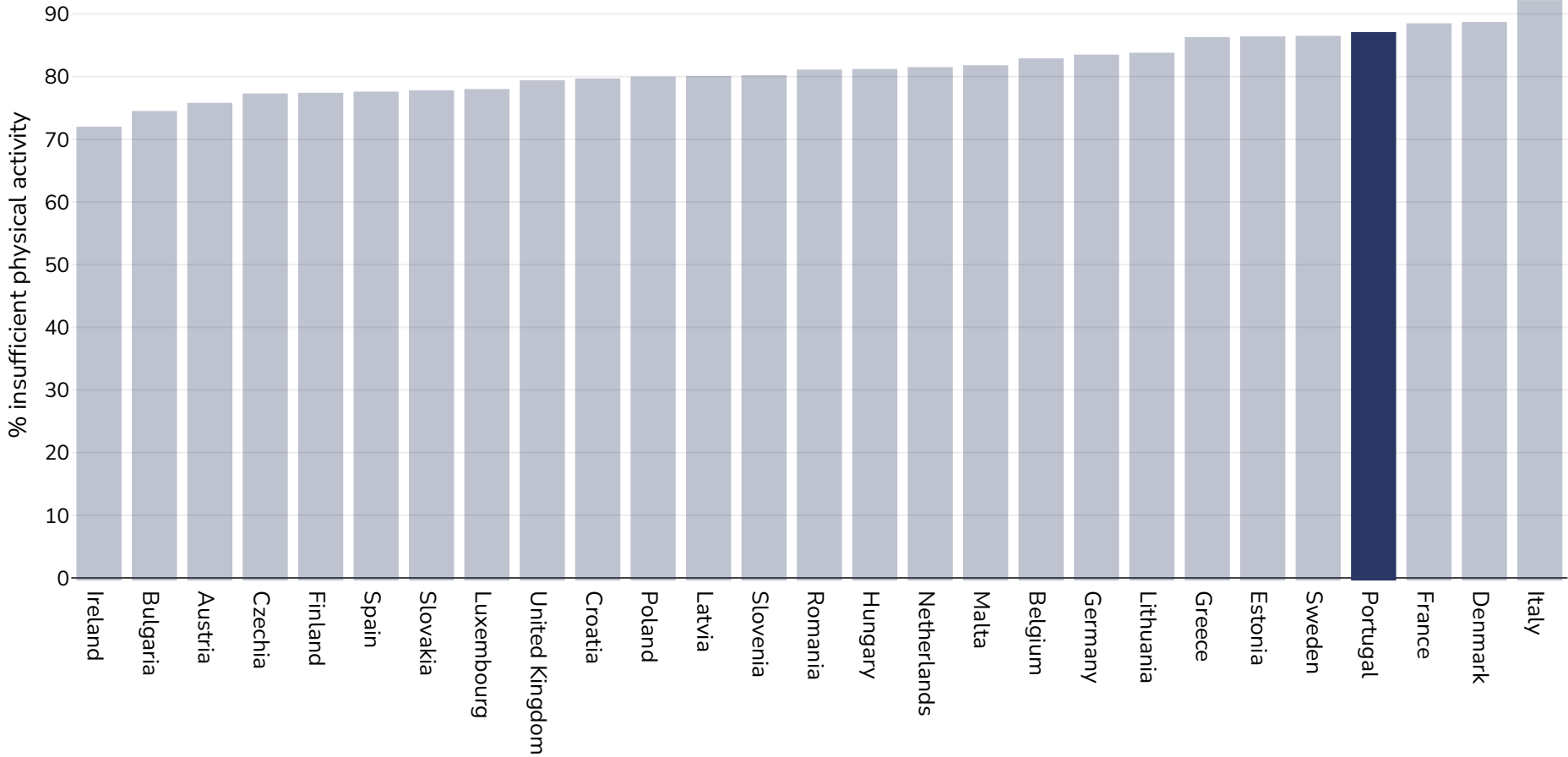


# Portugal: Insufficient physical activity

Children, 2010



**Age:** 11-17

**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A893?lang=en>

**Notes:** % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitions:** % Adolescents insufficiently active (age standardised estimate)