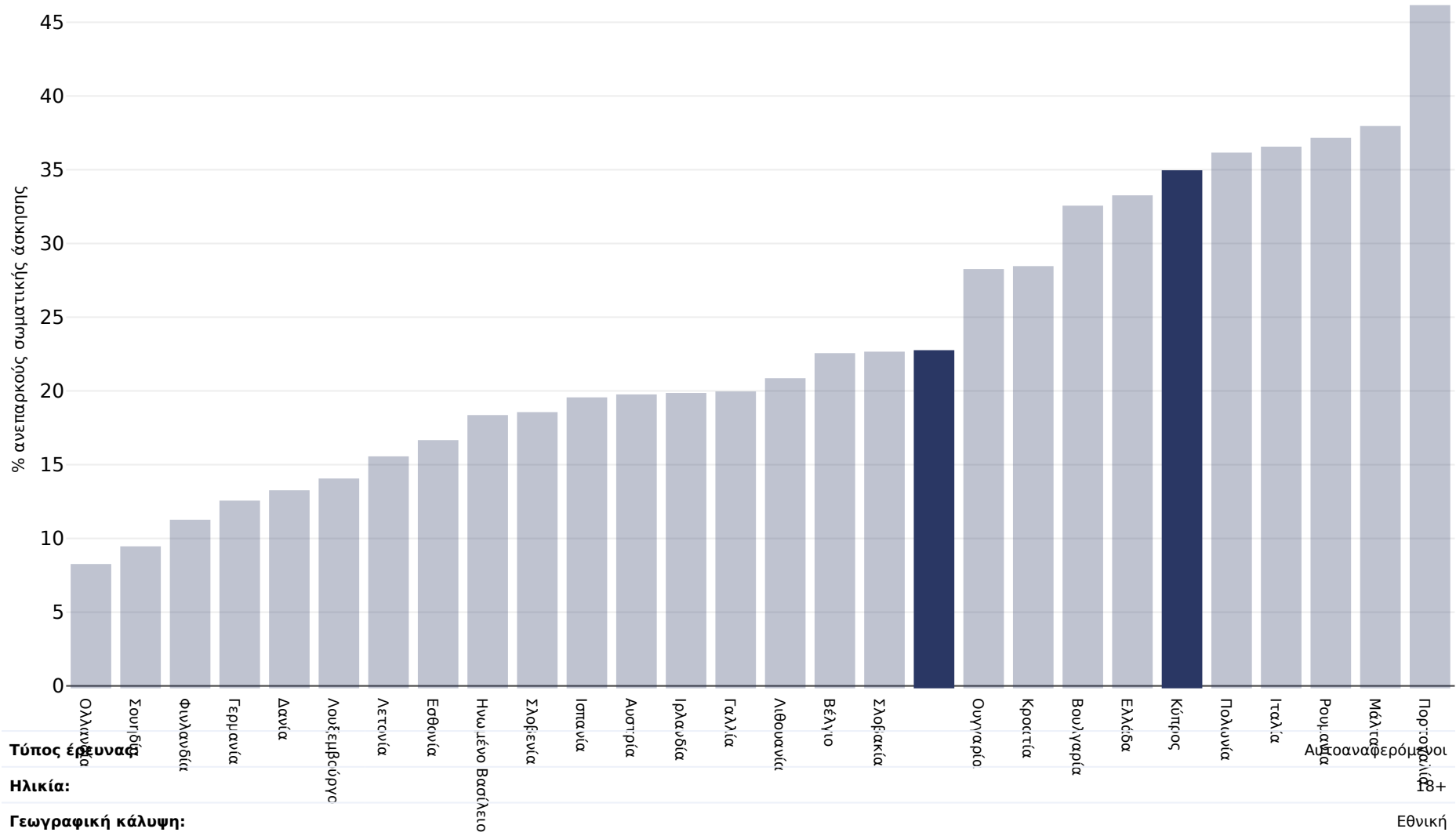


# Κύπρος: Insufficient physical activity

Ανδρες, 2022



Τύπος έρευνας: Εθνική

Ηλικία: 18+

Γεωγραφική κάλυψη: Εθνική

**Παραπομπές:** WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-age-standardized-estimate> (-)

**Ορισμοί:** Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.