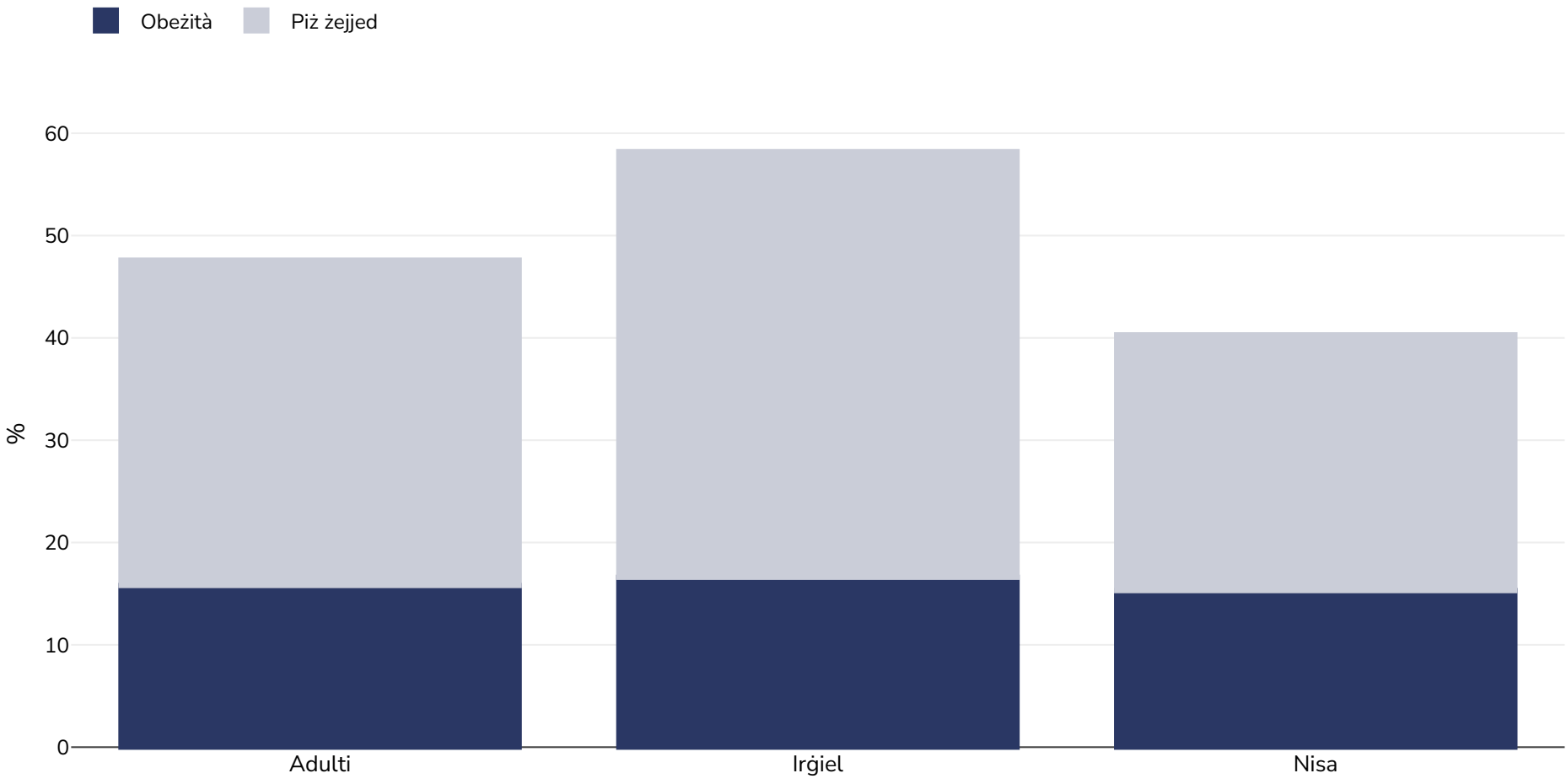


Il-Ġreċja: Prevalenza tal-obeżità



Adulti, 2013



Tip ta' sŧharrig:	Imkejjel
Età:	18+
Id-daqs tal-kampjun:	4574
Referenzi:	Magriplis, E., Panagiotakos, D., Kyrou, I., Tsioufis, C., Mitsopoulou, A. V., Karageorgou, D., Dimakopoulos, I., Bakogianni, I., Chourdakis, M., Micha, R., Michas, G., Ntouroupi, T., Tsaniklidou, S. M., Argyri, K., & Zampelas, A. (2020). Presence of Hypertension Is Reduced by Mediterranean Diet Adherence in All Individuals with a More Pronounced Effect in the Obese: The Hellenic National Nutrition and Health Survey (HNNHS). Nutrients, 12(3), 853. https://doi.org/10.3390/nu12030853

Sakemm ma jiġix indikat mod ieħor, il-piż żejjed jirreferi għal BMI bejn 25kg u 29.9kg/m², l-obeżità tirreferi għal BMI akbar minn 30kg/m².