

Zambia: Obesity prevalence



Women, 2013-2014

■ Obesity ■ Overweight



Survey type:	Measured
Age:	15-49
Sample size:	14502
Area covered:	National
References:	DHS Zambia 2013-14
Notes:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².