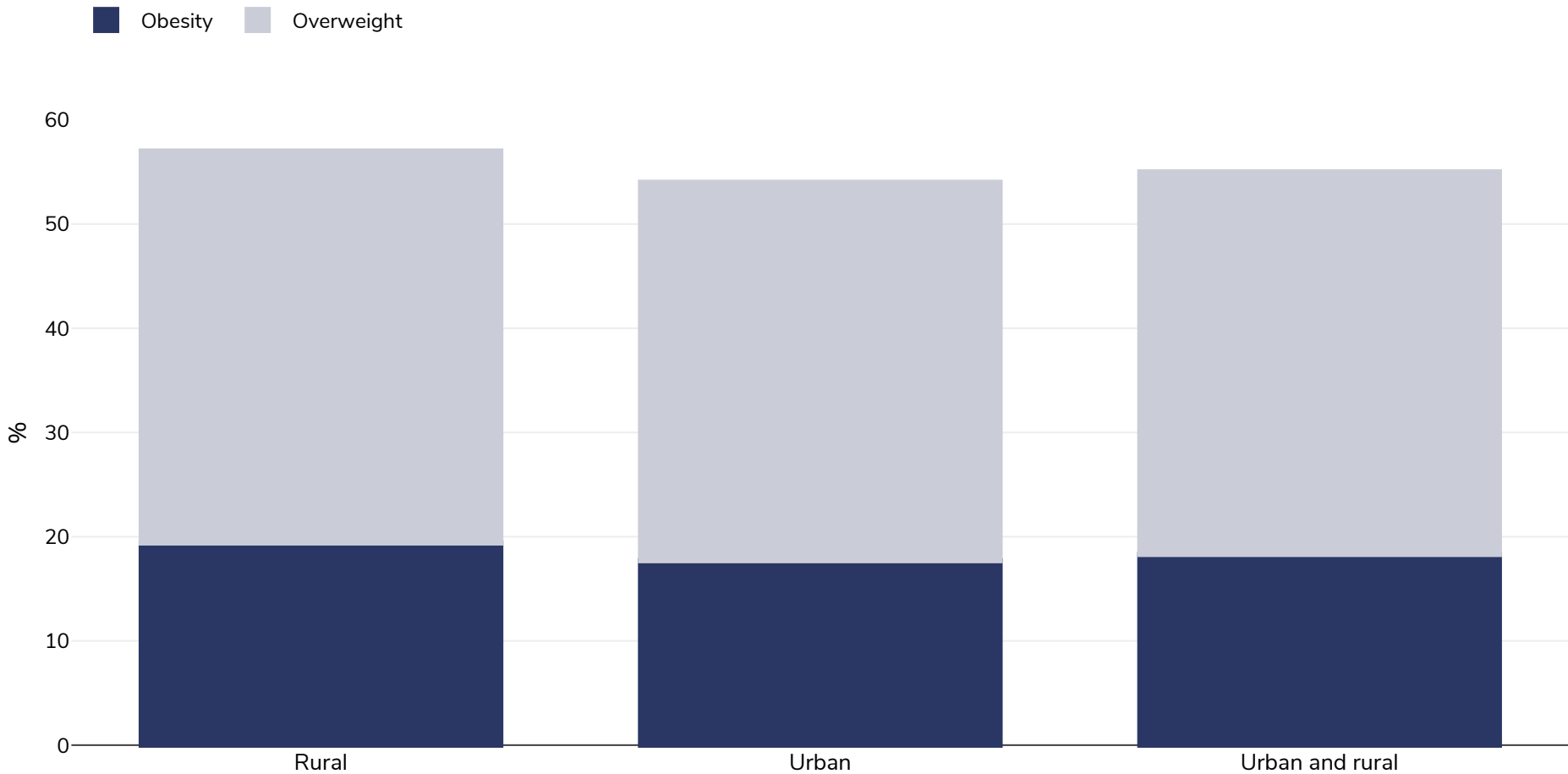


# Lithuania: Overweight/obesity by region

Adults, 2019



Survey type:	Self-reported
Age:	18+
Sample size:	5000
Area covered:	National

References: Official Statistics Portal Lithuania. Results of the Lithuanian Health Interview Survey 2019. Data available at: <https://osp.stat.gov.lt/statistiniu-rodikliu-analize?indicator=S3R141#/>. Results available at: <https://osp.stat.gov.lt/lietuvos-gyventoju-sveikata-2020/kmi>. Last accessed 03.06.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.