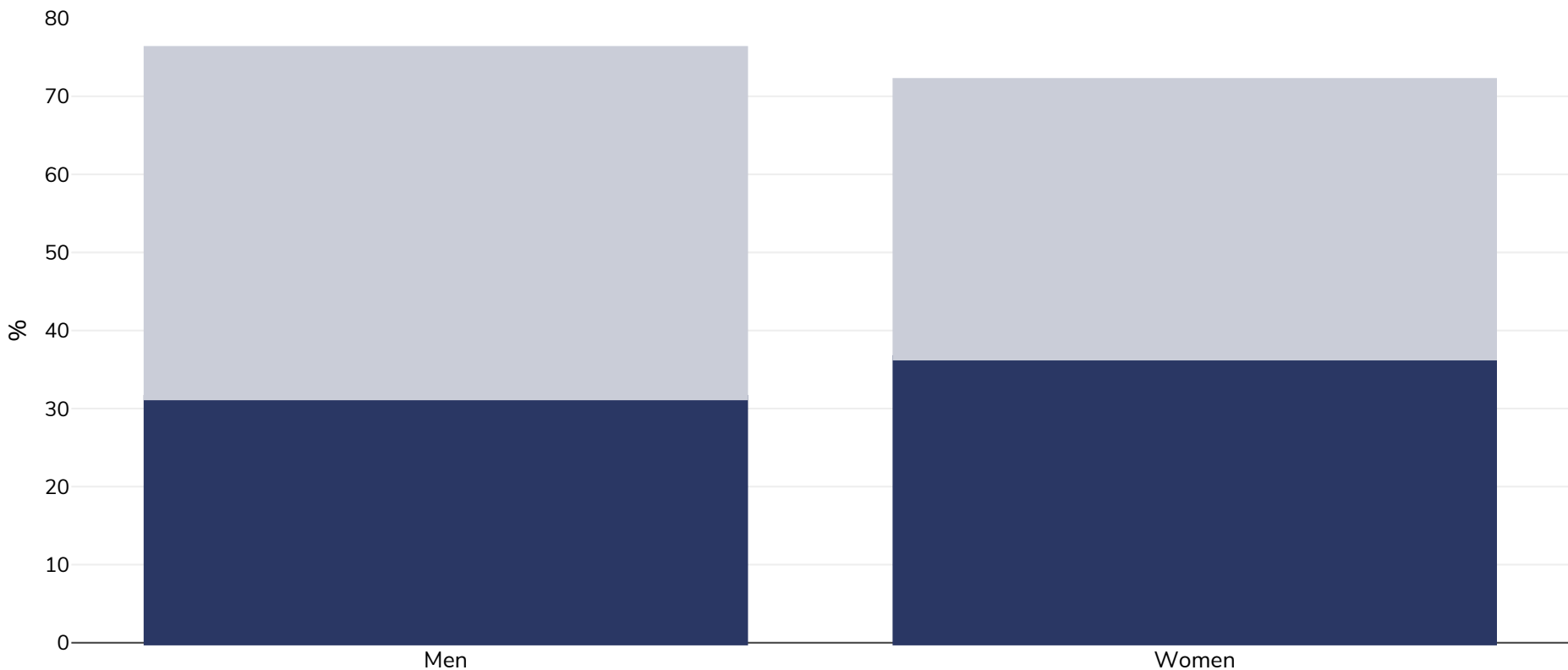


# United Arab Emirates: Obesity prevalence

Adults, 2012-2014



■ Obesity    ■ Overweight



**Survey type:** Measured

**Age:** 18-80

**Sample size:** 2724

**Area covered:** Expatriates

**References:** Sulaiman, Elbadawi, Hussein, Abusnana, Madani, Mairghani, Alawadi, Sulaiman, Zimmet, Huse, Shaw and Peeters. 2017. Prevalence of overweight and obesity in United Arab Emirates Expatriates: the UAE National Diabetes and Lifestyle Study. Diabetol Metab Syndr. 9(88). DOI 10.1186/s13098-017-0287-0.

**Notes:** Expatriots only, they make up 80% of the population BMI calculated using ethnic specific cut-offs (Among Arabs and Europids - BMI 25 to 30kg/m2 indicated overweight and ≥ 30 kg/m2 indicated obesity. For asians those with BMI of 23 to < 27.5 kg/m2 were considered overweight while a BMI value of ≥ 27.5 kg/m2 indicated obesity)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.