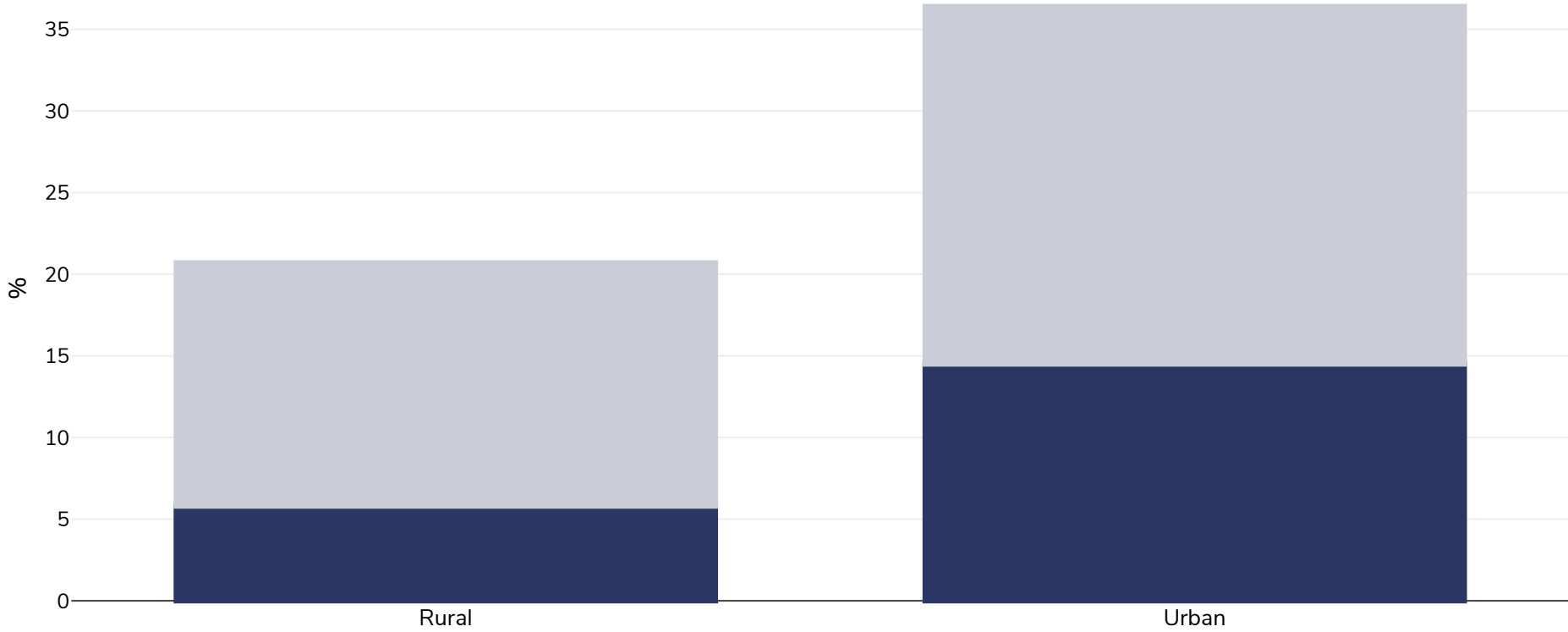


# Nigeria: Overweight/obesity by region

Women, 2018

■ Obesity   ■ Overweight



<b>Survey type:</b>	Measured
<b>Age:</b>	15-49
<b>Sample size:</b>	12728
<b>Area covered:</b>	National
<b>References:</b>	Demographic Health Survey Nigeria 2018 ( <a href="https://www.dhsprogram.com/pubs/pdf/FR359/FR359.pdf">https://www.dhsprogram.com/pubs/pdf/FR359/FR359.pdf</a> last accessed 07.11.19)
<b>Notes:</b>	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59. Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m <sup>2</sup> , obesity refers to a BMI greater than 30kg/m <sup>2</sup> .