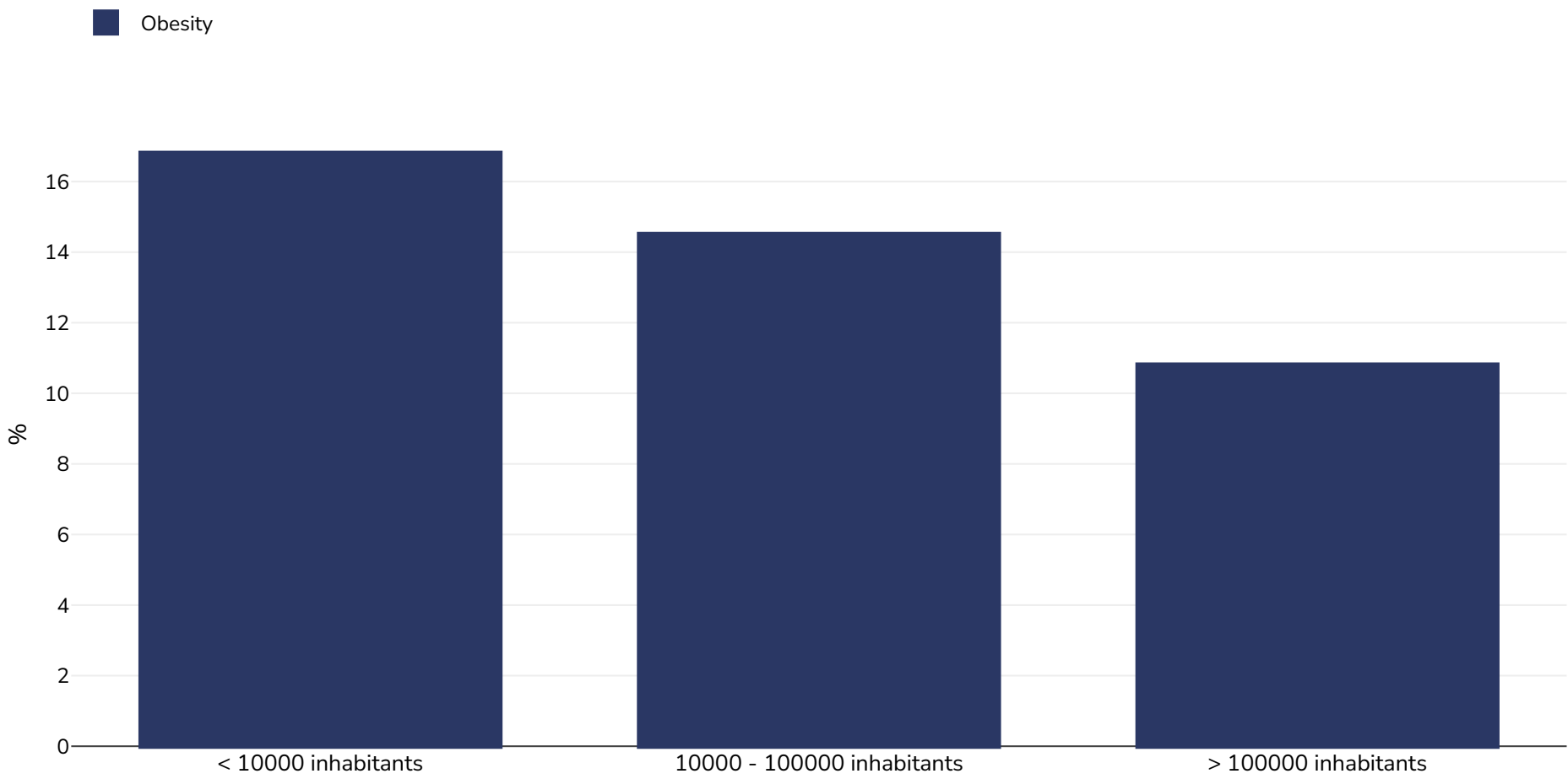


Spain: Overweight/obesity by region



Men, 1990-1994



| | |
|---------------|--|
| Survey type: | Measured |
| Age: | 25-60 |
| Sample size: | 5388 |
| Area covered: | Four Spanish regions: Catalunya, Basque Country, Madrid and Valenci |
| References: | Aranceta J, Perez Rodrigo C, Serra Majem L et al. Influence of sociodemographic factors in the prevalence of obesity in Spain. The SEEDO '97 Study. European Journal of Clinical Nutrition (2001); 55: 430-435 |
| Notes: | Obesity defined as BMI => 30 kg/m2 |

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².