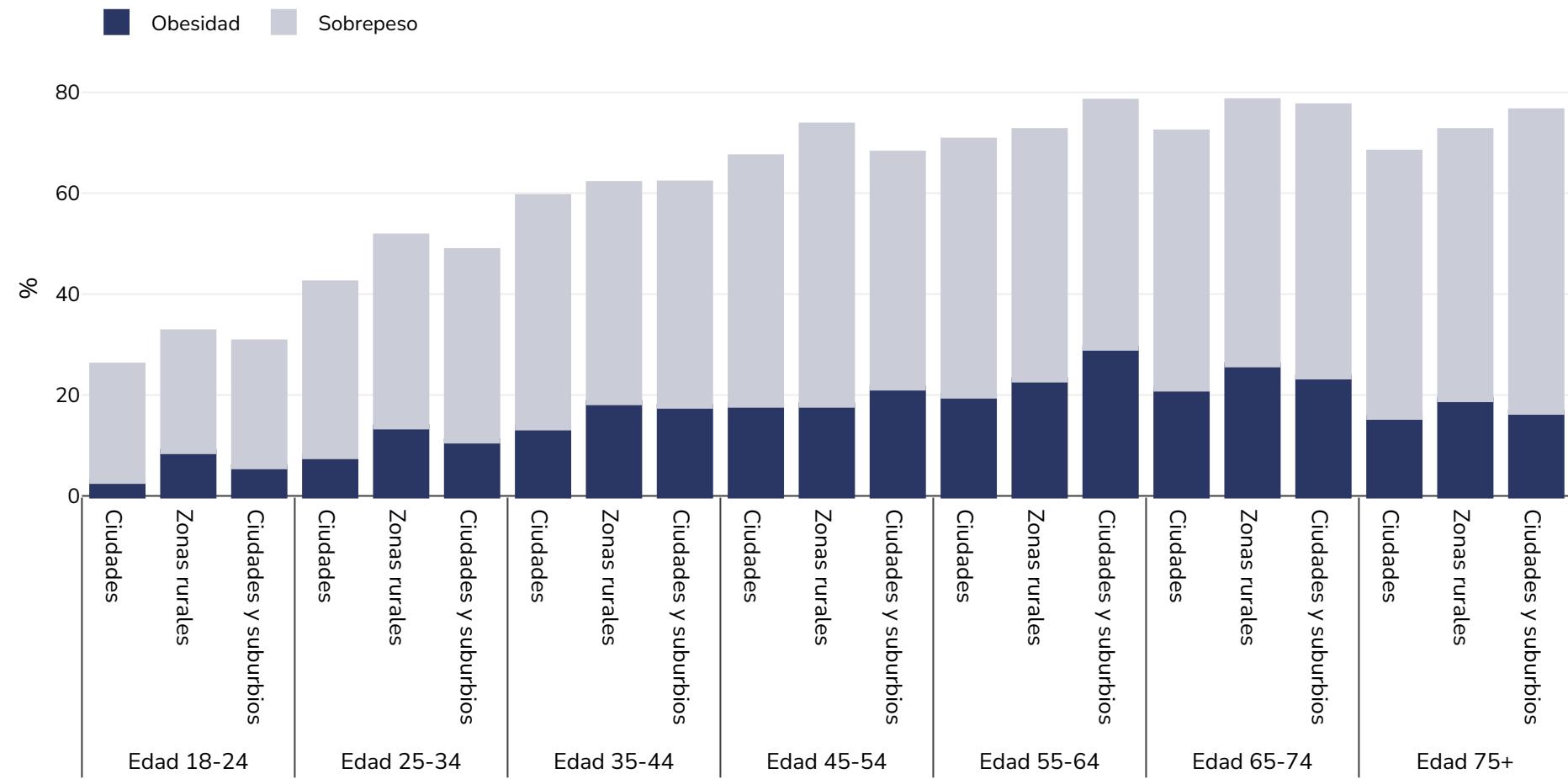


# España: Overweight/obesity by age and region

Hombres, 2019



Tipo de encuesta:

Autodeclarado

Zona abarcada:

Nacional

Referencias:

Eurostat 2019. [https://doi.org/10.2908/HLTH\\_EHIS\\_BM1U](https://doi.org/10.2908/HLTH_EHIS_BM1U) [Accessed 11.07.25]

Notas:

Data for 18-24 year old females from rural areas flagged for low reliability

A menos que se indique lo contrario, el sobre peso se refiere a un IMC entre 25 kg y 29,9 kg/m<sup>2</sup> y la obesidad se refiere a un IMC superior a 30 kg/m<sup>2</sup>.