South Africa: Obesity prevalence
Adults, 2016

Survey type: Measured
Age: 15+
Sample size: 7767
Area covered: National
References: South Africa Demographic Health Survey

Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59. 3105 Men, 4662 Women.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².