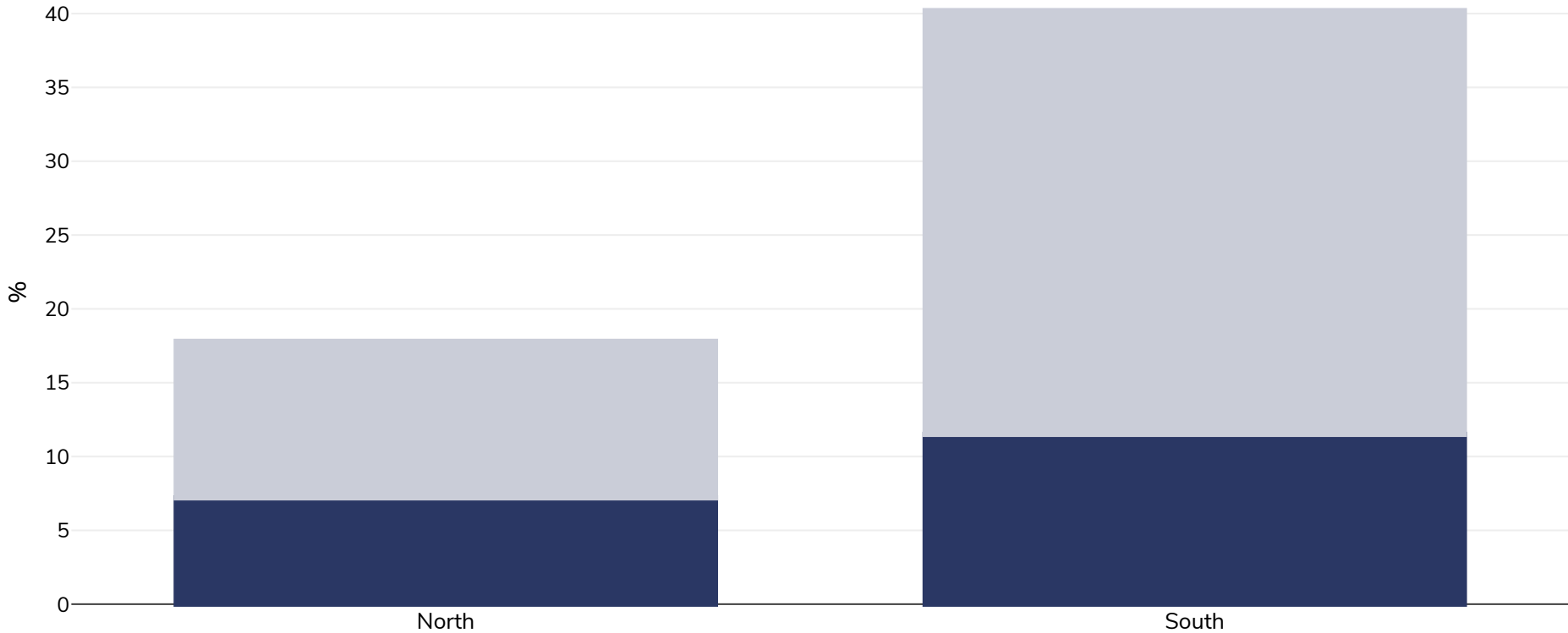


# Cameroon: Overweight/obesity by region

Women, 2009

■ Obesity   ■ Overweight



Survey type:	Measured
Age:	15-49
Sample size:	504
Area covered:	National

**References:** Engle-Stone R, Nankap, M Ndjebayi, AO, Friedman A, Tarini A, Brown KH, Kaiser L. 2018. Prevalence and predictors of overweight and obesity among Cameroonian women in a national survey and relationships with waist circumference and inflammation in Yaoundé and Douala. *Maternal and child nutrition*. 14(4) doi: <https://doi.org/10.1111/mcn.12648>

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.