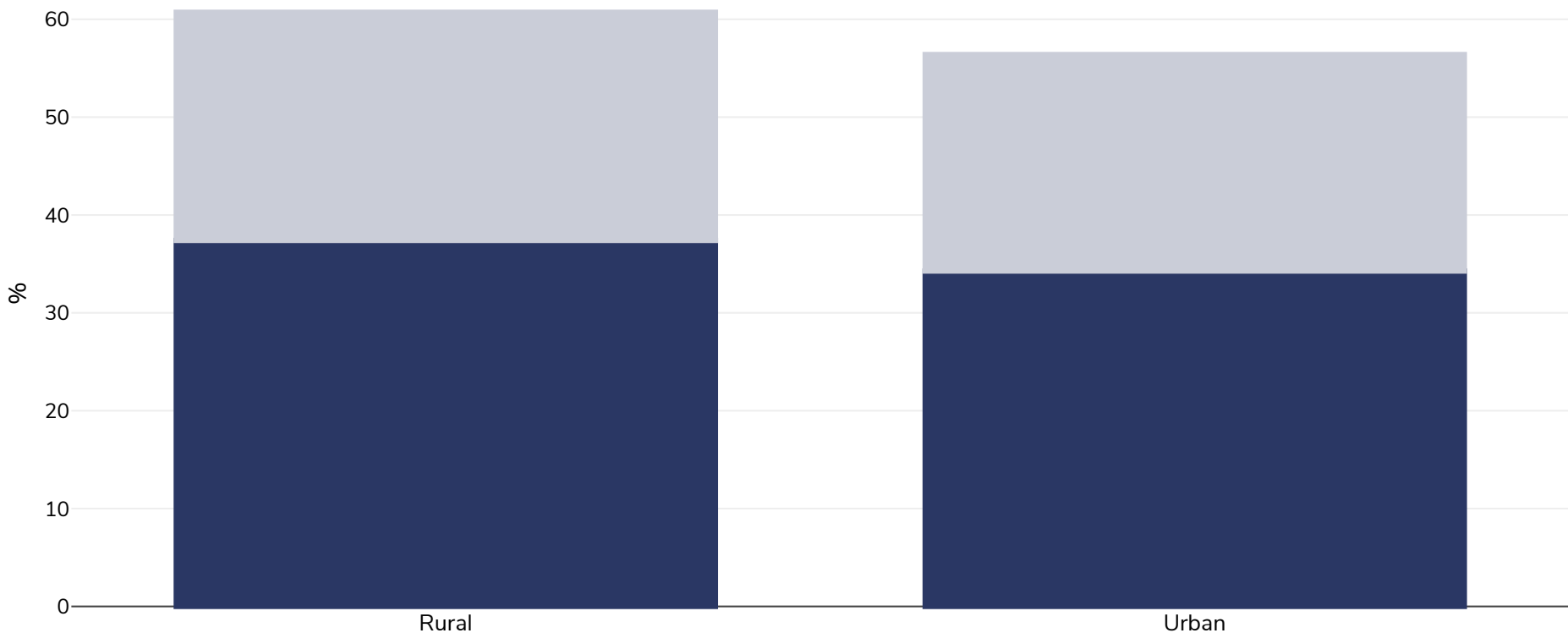


South Korea: Overweight/obesity by region

Adults, 2017

■ Obesity ■ Overweight



Survey type:	Measured
Age:	19+
Sample size:	6126
Area covered:	National
References:	Lee J, Sa J. Regional disparities in healthy eating and nutritional status in South Korea: Korea National Health and Nutrition Examination Survey 2017. <i>Nutr Res Pract.</i> 2020 Dec;14(6):679-690. doi: 10.4162/nrp.2020.14.6.679. Epub 2020 Oct 7. PMID: 33282128; PMCID: PMC7683206.
Definitions:	World Health Organization criteria for Asians are used: 1) underweight (BMI < 18.5), 2) normal weight (18.5 ≤ BMI < 23.0), 3) overweight (23.0 ≤ BMI < 25.0), and 4) obese (BMI ≥ 25.0) [17].
Cutoffs:	WHO Asia
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .	